

CTACSPA, Inc.  
PMB 275  
65 High Ridge Road  
Stamford, CT 06905

Please encourage your  
surgical colleagues  
to attend the  
Annual Meeting.

## SCIENTIFIC & ANNUAL MEETING 2015

Friday - 06 November 2015  
Marriott - Farmington, CT

# SCIENTIFIC & ANNUAL MEETING 2015

Friday, 6 November 2015  
Marriott Hotel — Farmington, Connecticut

### Special Guest Speakers

**Thomas L. Heleotis, MD, CPE**  
The Importance of Post-Operative Pain Management;  
It's Impact on Future Surgical Reimbursement

**Alan Meinke, MD, FACS**  
CT Surgical Quality Collaborative:  
Driving Value for All Surgeons

**John Torello**  
Patient Centered Care - A Family's Perspective

**Resident Paper Competitions**  
Trauma, Cancer, General, Specialty  
Plastic & Bariatric

**Resident Workshops**  
How to Choose a Fellowship

Connecticut Surgical Quality Collaborative  
Quarterly and SCR Meetings

## 7th Annual Surgical Skills Competition

CONNECTICUT CHAPTER  
of the American College of Surgeons  
Professional Association, Inc.



*Uniting Surgeons To Advance Patient Care In Connecticut*

Celebrating 48 Years of Service to Connecticut Surgeons!



## A Message from the CTACSPA President Michael Deren, MD, FACS

As we come together for our 48th Annual Meeting of the Connecticut Chapter of the ACS on November 6th at the Hartford Marriott in Farmington, let's take a moment to recall some of the Chapter's accomplishments and to mention some exciting plans for the future.

We enjoyed a successful partnership with the CSMS and jointly reviewed and signed on to the testimony for several bills in the 2015 legislative session. We advanced the proposed Definition of Surgery bill with Department of Public Health and are preparing for a state scope of practice committee hearing on the subject. We are proud to be the recipient of a grant from the ACS Board of Governors which enables us to again co-sponsor this year's Doctors' Day at the Capitol with the CSMS.

Our Connecticut Surgical Quality Collaborative (CtSQC) has launched its Enhanced Recovery After Surgery (ERAS) initiative in four hospitals and plans to add another four over the next few years. The Collaborative recently received a grant of \$225,000 from Mallinckrodt to implement the help ERAS program. The CtSQC is currently in the process of incorporating as a 501(c)(3) non-profit entity.

As you review the agenda, please note that your Program Committee has been hard at work reformatting the meeting. The morning session is devoted to topics for attending surgeons. At noon we encourage all residents to join us for the James Foster Memorial Lecture which will be followed by lunch and then resident paper competitions, lectures, and a skills competition.

We are pleased to bring excellent speakers this year including Thomas Heleotis, MD, CPE, Vice President of Clinical Effectiveness at Monmouth Medical Center in Long Branch, New Jersey, who will deliver a talk on surgical quality, Alan Meinke, MD, FACS, Chief of General Surgery, Director of Surgical Quality and Vice Chairman of the Department of Surgery at Norwalk Hospital who will present a talk on understanding the value of quality collaboratives for all surgeons, and John Torello, the father of a young patient who will present his compelling story of how a medical error impacted his family.

On behalf of the membership, I extend a hearty thank you to our industry sponsors for their generous support. Special kudos to the new Program Committee members for an interesting and innovative meeting, and special thanks to Christopher Tasik, our Executive Director, for his tireless efforts putting this exciting meeting together.

Finally, an appreciation to the management and staff of the Hartford Marriott in Farmington for having us once again as their guest for this meeting. I look forward to seeing all of you at the Annual Meeting on November 6th.

Sincerely,



Michael Deren, MD, FACS  
President, CTACSPA & CTACS

## CTACSPA MEETING REGISTRATION FORM 06 NOVEMBER 2015

(please make copies of this form for additional registrants)

First Name Last Name

City

Telephone E-mail

**Credit Card Payment? Go to [www.ctacs.org](http://www.ctacs.org)!**

### What is your affiliation?

Private Practice  Hospital : \_\_\_\_\_

| Please register me as a:                                   | Before 10/13 | After 10/13 | Total    |
|--|--------------|-------------|----------|
| <input type="radio"/> Physician - CTACS Member             | \$90.00      | \$100.00    | \$ _____ |
| <input type="radio"/> Physician - CTACS Non-Member         | \$115.00     | \$125.00    | _____    |
| <input type="radio"/> Senior Surgeon <i>Breakfast Only</i> | \$0.00       | \$0.00      | _____    |
| <input type="radio"/> Senior Surgeon Full Day Meeting      | \$60.00      | \$70.00     | _____    |
| <input type="radio"/> Physician Assistant (CONNAPA)        | \$65.00      | \$75.00     | _____    |
| <input type="radio"/> Physician Assistant                  | \$75.00      | \$85.00     | _____    |
| <input type="radio"/> Surgical Resident                    | \$65.00      | \$75.00     | _____    |
| <input type="radio"/> Medical Student                      | \$25.00      | \$35.00     | _____    |
| <input type="radio"/> CtSQC - Non-Physician Member         | \$65.00      | \$75.00     | _____    |
| <input type="radio"/> Other (indicate):                    | \$115.00     | \$125.00    | _____    |

I will be attending the Luncheon:  Yes  No

### I will be attending the following morning meeting:

- Cancer Liaison Physicians
- Committee on Trauma
- Senior Surgeons Breakfast

Total Amount Enclosed \$ \_\_\_\_\_

Please complete this form and mail it before 10/24/2015 **with your check made payable to "CTACSPA, Inc." (Tax ID #04-3839991) to:**

CTACSPA, Inc.  
c/o Patricia Reilly  
UCONN School of Medicine  
263 Farmington Ave.  
Farmington, CT 06030-3955

TEL: 860-679-3467  
FAX: 860-679-1460  
REILLY@UCHC.EDU

### Directions to Farmington Marriott

15 Farm Springs Road  
Farmington CT

#### Basic Directions

Take Route 84 to Exit 37, Fienemann Rd. (from either direction)

#### If coming from 84 East (Danbury/Stamford/Waterbury):

Take a left onto Fienemann Road, over the highway, and then a right onto Farm Springs Road. The Marriott entrance is located at the end of the road on the right hand side.

#### If coming from 84 West (Hartford/New Haven):

Go across Fienemann Rd. onto Farm Springs Rd. The Marriott entrance is located at the end of the road on the right hand side.

#### Contacting the Farmington Marriott

To have a message left for you during the meeting please call 1-860-678-1000 and ask the agent to deliver your message to the Connecticut Chapter of the American College of Surgeons desk.

### Cancellation Policy

Reservations for the Connecticut Chapter of the American College of Surgeons Scientific & Annual Meeting may be cancelled prior to 30 October without penalty. After that time the meeting fee will be non-refundable.

#### Chapter Membership

The CT Chapter of the ACS is dedicated to achieving the highest standards of surgical care through education, mentorship, fellowship and advocacy.

One way we achieve our mission is by providing educational and information programs and opportunities for physicians, residents and students.

We have the following active committees working on your behalf in the state: Committee on Trauma, Commission on Cancer, Quality and Patient Safety, Legislative Affairs, Young Surgeons, Residents, Applicants, Mentoring Program, Bariatric Surgery, Program, Awards, and Senior Surgeons. Your involvement is greatly needed to help maintain this vital organization. In this period of near constant

change in the socio-economic and scientific landscape, it is more important than ever that we speak in a cohesive voice.

All Fellows, Associate Fellows, Candidate group members of the American College of Surgeons and Connecticut residents and surgical fellows are eligible and encouraged to join our group. Please contact our Executive Director, Christopher Tasik (tel: 203-674-0747 or send us an e-mail at [info@ctacs.org](mailto:info@ctacs.org)).

#### Senior Surgeons Committee

Recognizing the talent, skills and leadership in the ranks of our "Senior Surgeons" the Chapter has brought together a cadre of Fellows who want be engaged with the Chapter and its Residents. We welcome you to join us.

The Committee is open to both practicing and retired surgeons and will be hosting a meeting at 10:00am. The purpose of the meeting is to plan our activities for the upcoming year and to enjoy each others company.

### CME Information

#### Accreditation Statement

The Stamford Hospital is accredited by the Connecticut State Medical Society to sponsor continuing medical education for physicians.

#### Designation Statement:

The Stamford Hospital designates this educational activity for a maximum of 8.0 AMA PRA Category I Credit(s)<sup>TM</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

#### Purpose:

The purpose of this meeting is to provide attendees with a forum for the latest information regarding clinical practice and research in the field of surgery. Surgical Residents have a continued need to improve the research skills and a forum to present their research. Rural surgeons have a need to learn about emerging technologies. There is an on-going need to enhance patient safety and quality of patient care.

#### Meeting Surveys

Physicians are asked to complete and return a meeting survey to receive CME credits.

#### Eligibility

The meeting is open to physicians, physician assistants, residents, students, nurses, staff and office personnel.

The CTACSPA reserves the sole right to determine eligibility for participation in this meeting.

### Notice of Annual Meeting

This document serves as notice of the Annual Meetings of the Connecticut Chapter of the American College of Surgeons Professional Association, Inc, and the Connecticut Chapter of the American College of Surgeons, Inc.

#### 2015 Program Committee

Amanda Ayers, MD, FACS  
Jonathan Blancaflor, MD, FACS  
Scott Ellner, MD, FACS  
Royd Fukumoto, MD, FACS  
Adrian Maung, MD, FACS  
J. Alexander Palesty, MD, FACS  
Brian Shames, MD, FACS  
David Shapiro, MD, FACS  
Rekha Singh, MD, FACS

# FRIDAY, 06 NOVEMBER 2015

## 2015 Meeting Agenda

**7:30 Meeting Registrations  
Continental Breakfast  
Exhibits Open**

**8:00 Opening Remarks**  
Michael Deren, MD, FACS,  
Chapter President & J. Alex-  
ander Palesty, MD, FACS, Pro-  
gram Committee Chairman

**8:15 CT Surgical Quality Collaborative: Driving Value for All Surgeons**  
Alan Meinke, MD, FACS  
Norwalk Hospital, Chief of  
General Surgery, Director  
of Surgical Quality and Vice  
Chairman of the Department  
of Surgery  
*This session will help you  
understand how the value of  
the CT Surgical Quality Collab-  
orative, NSQIP, Enhanced Re-  
covery After Surgery & other  
programs for all surgeons.*

**9:00 The Importance of Post-Operative Pain Management; It's Impact on Future Surgical Reimbursement**  
Thomas L. Heleotis MD, CPE  
Monmouth Medical Center,  
Barnabas Health, Vice Presi-  
dent of Clinical Effectiveness  
*This session will help surgeons  
learn the importance of man-  
aging pain and how it fits  
into Medicare's value based  
purchasing equation*

**10:00 Committee Meetings**  
Committee on Trauma, Com-  
mission on Cancer, Young  
Surgeons & Senior Surgeons

**10:30 Break with Exhibitors**

**11:00 Legislature of the Year  
and Distinguished Service  
Award Presentation**  
Rep. Rosa DeLauro (Invited)  
Unites States Congress

Kathleen LaVorgna, MD, FACS  
Norwalk, CT

**11:30 Business Meetings**  
CTACS & CTACSPA

**12:00 James Foster Memorial  
Lecture - Patient Centered  
Care, a Patient's Perspective**  
John Torello, Parent of a Pa-  
tient and David Shapiro, MD,  
FACS, Moderator  
*Mr. Torello & Dr. Shapiro will  
present his son Michael's case  
as an interactive discussion  
to help attendees learn more  
about culture change and  
preventing medical errors.*

**1:00 Fellowship Luncheon  
with exhibitors**

**2:00 Resident Paper Competi-  
tions**  
John D. MacArthur, MD, FACS  
Trauma Competition, Cancer  
Competition, General Surgery,  
Specialty Surgery, Plastic Sur-  
gery & Bariatric Surgery  
*This session will present re-  
search on new topics and  
developments to update par-  
ticipants on clinical care.*

**3:30 Resident Program: How to  
Choose a Fellowship**  
John Dussel, MD (Vascular),  
Eric Girard, MD (Colorectal),  
Nathan Lafayette, MD (MIS),  
Tariq Lescouflair, MD (thorac-  
ic), Yuk Ming Liu, MD (Burns/  
Critical Care), and Diana Lusas,  
MD (private practice)  
*In this sessions surgical resi-  
dents learn the ins and outs  
of selecting a Fellowship.*

**4:30 7th Annual  
Surgical Skills Competition**  
Co-Hosted by J. Alexander  
Palesty, MD, FACS and David  
Shapiro, MD, FACS  
*In this session surgical residents  
compete head-to-head in a se-  
ries of competitions designed  
to test the skills they have  
learned in training.*

**6:45 Resident Awards**  
Presentation of the award for  
best resident papers and the  
Skills Competition Champion-  
ship for 2016!

## Connecticut Surgical Quality Collaborative (CtSQC) Meeting

**1:15 CtSQC Quarterly Meeting**

**3:00 CtSQC Surgical Clinical Re-  
viewer's Meeting**

## Speaker Profiles

### Thomas L. Heleotis, MD, CPE



Dr. Heleotis is the Vice President of Clinical Effectiveness at Monmouth Medical Center in Long Branch, New Jersey, one of New Jersey's largest community teaching hospitals. Monmouth Medical Center is an academic affiliate of Philadelphia's Drexel College of Medicine, and is an affiliate of Barnabas Health, the largest integrated health care delivery system in the state. He completed his advanced degree in Medical Management in 2008. Dr. Heleotis completed his residency in Cardiothoracic Surgery at Boston University Medical School and at Harvard University Medical. Dr. Heleotis is Board Certified and practiced for 18 years as a Cardiothoracic and Vascular Surgeon. He helped start the Adult Cardiac Surgery Program at Jersey Shore University Medical Center in 1989.

### Alan Meinke, MD, FACS



Dr. Meinke is a magna cum laude, Phi Beta Kappa graduate of Albion College. He earned his medical degree from Wayne School of Medicine in Detroit and completed a five year-surgical fellowship in a broad range of general surgical disciplines at the Mayo Clinic. His clinical focus is in minimally invasive surgery and robotic surgery. Dr. Meinke serves as Vice Chairman of the Department of Surgery and Director of Surgical Quality at Norwalk Hospital. He has been working with the Connecticut Surgical Quality Collaborative to support an Enhanced Recovery After Surgery (ERAS) program to foster better outcomes throughout the state. Dr. Meinke also serves as the Treasurer of the CTACSPA.

### John Torello



In 2006, Mr. Torello's wife gave birth to premature twin sons in Connecticut. His son, Michael, was left severely disabled by a medical error that saw his jaundice go untreated. This led Michael to developing Kernicterus. Mr. Torello is a past Vice President of the CT Center for patient safety and the a father of four children. Mr. Torello was graduated from Southern Connecticut State University with a M.S in School Psychology.