Please encourage your surgical colleagues to attend the Annual Meeting.

**Scientific & Annual Meeting 2015**
Friday - 06 November 2015
Marriott - Farmington, CT

**Special Guest Speakers**

Thomas L. Heleotis, MD, CPE
The Importance of Post-Operative Pain Management; It's Impact on Future Surgical Reimbursement

Alan Meinke, MD, FACS
CT Surgical Quality Collaborative: Driving Value for All Surgeons

John Torello
Patient Centered Care - A Family's Perspective

**Resident Paper Competitions**
Trauma, Cancer, General, Specialty Plastic & Bariatric

**Resident Workshops**
How to Choose a Fellowship

Connecticut Surgical Quality Collaborative Quarterly and SCR Meetings

**7th Annual Surgical Skills Competition**

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CTACSPA, Inc.
PMB 275
65 High Ridge Road
Stamford, CT 06905
A Message from the CTACSPA President
Michael Deren, MD, FACS

As we come together for our 48th Annual Meeting of the Connecticut Chapter of the ACS on November 6th at the Hartford Marriott in Farmington, let’s take a moment to recall some of the Chapter’s accomplishments and to mention some exciting plans for the future.

We enjoyed a successful partnership with the CSMS and jointly reviewed and signed on to the testimony for several bills in the 2015 legislative session. We advanced the proposed Definition of Surgery bill with Department of Public Health and are preparing for a state scope of practice committee hearing on the subject. We are proud to be the recipient of a grant from the ACS Board of Governors which enables us to again co-sponsor this year’s Doctors’ Day at the Capitol with the CSMS.

Our Connecticut Surgical Quality Collaborative (CtSQC) has launched its Enhanced Recovery After Surgery (ERAS) initiative in four hospitals and plans to add another four over the next few years. The Collaborative recently received a grant of $225,000 from Mallinckrodt to implement the help ERAS program. The CtSQC is currently in the process of incorporating as a 501(c)(3) non-profit entity.

As you review the agenda, please note that your Program Committee has been hard at work reformatting the meeting. The morning session is devoted to topics for attending surgeons. At noon we encourage all residents to join us for the James Foster Memorial Lecture which will be followed by lunch and then resident paper competitions, lectures, and a skills competition.

We are pleased to bring excellent speakers this year including Thomas Heleotis, MD, CPE, Vice President of Clinical Effectiveness at Monmouth Medical Center in Long Branch, New Jersey, who will deliver a talk on surgical quality, Alan Meineke, MD, FACS, Chief of General Surgery, Director of Surgical Quality and Vice Chairman of the Department of Surgery at Norwalk Hospital who will present a talk on understanding the value of quality collaboratives for all surgeons, and John Torello, the father of a young patient who will present his compelling story of how a medical error impacted his family.

On behalf of the membership, I extend a hearty thank you to our industry sponsors for their generous support. Special kudos to the new Program Committee members for an interesting and innovative meeting, and special thanks to Christopher Tasik, our Executive Director, for his tireless efforts putting this exciting meeting together.

Finally, an appreciation to the management and staff of the Hartford Marriott in Farmington for having us once again as their guest for this meeting. I look forward to seeing all of you at the Annual Meeting on November 6th.

Sincerely,
Michael Deren, MD, FACS
President, CTACSPA & CTACS
CME Information

Accreditation Statement
The Stamford Hospital is accredited by the Connecticut State Medical Society to sponsor continuing medical education for physicians.

Designation Statement:
The Stamford Hospital designates this educational activity for a maximum of 8.0 AMA PRA Category I Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Purpose:
The purpose of this meeting is to provide attendees with a forum for the latest information regarding clinical practice and research in the field of surgery. Surgical Residents have a continued need to improve the research skills and a forum to present their research. Rural surgeons have a need to learn about emerging technologies. There is an on-going need to enhance patient safety and quality of patient care.

Meeting Surveys
Physicians are asked to complete and return a meeting survey to receive CME credits.

Eligibility
The meeting is open to physicians, physician assistants, residents, students, nurses, staff and office personnel.

The CTACSPA reserves the sole right to determine eligibility for participation in this meeting.
Friday, 06 November 2015

2015 Meeting Agenda

7:30  Meeting Registrations
Continental Breakfast
Exhibits Open

8:00  Opening Remarks
Michael Deren, MD, FACS,
Chapter President & J. Alexander Palesty, MD, FACS,
Program Committee Chairman

8:15  CT Surgical Quality Collaborative: Driving Value for All Surgeons
Alan Meinke, MD, FACS
Norwalk Hospital, Chief of General Surgery, Director
of Surgical Quality and Vice Chairman of the Department of Surgery
This session will help you understand how the value of the CT Surgical Quality Collaborative, NSQIP, Enhanced Recovery After Surgery & other programs for all surgeons.

9:00  The Importance of Post-Operative Pain Management; It’s Impact on Future Surgical Reimbursement
Thomas L. Heleotis MD, CPE
Monmouth Medical Center, Barnabas Health, Vice President of Clinical Effectiveness
This session will help surgeons learn the importance of managing pain and how it fits into Medicare’s value based purchasing equation

10:00 Committee Meetings
Committee on Trauma, Committee on Cancer, Young Surgeons & Senior Surgeons

10:30 Break with Exhibitors

11:00  Legislature of the Year and Distinguished Service Award Presentation
Rep. Rosa DeLauro (Invited)
United States Congress
Kathleen LaVorgna, MD, FACS
Norwalk, CT

11:30  Business Meetings
CTACS & CTACSPA

12:00  James Foster Memorial Lecture - Patient Centered Care, a Patient’s Perspective
John Torello, Parent of a Patient and David Shapiro, MD, FACS, Moderator
Mr. Torello & Dr. Shapiro will present his son Michael’s case as an interactive discussion to help attendees learn more about culture change and preventing medical errors.

1:00  Fellowship Luncheon
with exhibitors

2:00  Resident Paper Competitions
John D. MacArthur, MD, FACS
Trauma Competition, Cancer Competition, General Surgery, Specialty Surgery, Plastic Surgery & Bariatric Surgery
This session will present research on new topics and developments to update participants on clinical care.

3:00  CtSQC Surgical Clinical Reviewer’s Meeting

3:30  Resident Program: How to Choose a Fellowship
John Dussel, MD (Vascular), Eric Girard, MD (Colorectal), Nathan Lafayette, MD (MIS), Tariq Lescouflier, MD (thoracic), Yuk Ming Liu, MD (Burns/Critical Care), and Diana Lusas, MD (private practice)
In this session surgical residents learn the ins and outs of selecting a Fellowship.

4:30  7th Annual Surgical Skills Competition
Co-Hosted by J. Alexander Palesty, MD, FACS and David Shapiro, MD, FACS
In this session surgical residents compete head-to-head in a series of competitions designed to test the skills they have learned in training.

6:45  Resident Awards
Presentation of the award for best resident papers and the Skills Competition Championship for 2016!

Connecticut Surgical Quality Collaborative (CtSQC) Meeting

1:15  CtSQC Quarterly Meeting

3:00  CtSQC Surgical Clinical Reviewer’s Meeting

Speaker Profiles

Thomas L. Heleotis, MD, CPE
Dr. Heleotis is the Vice President of Clinical Effectiveness at Monmouth Medical Center in Long Branch, New Jersey, one of New Jersey’s largest community teaching hospitals. Monmouth Medical Center is an affiliate of Philadelphia’s Drexel College of Medicine, and is an affiliate of Barnabas Health, the largest integrated health care delivery system in the state. He completed his advanced degree in Medical Management in 2008. Dr. Heleotis completed his residency in Cardiothoracic Surgery at Boston University Medical School and at Harvard University Medical. Dr. Heleotis is Board Certified and practiced for 18 years as a Cardiothoracic and Vascular Surgeon. He helped start the Adult Cardiac Surgery Program at Jersey Shore University Medical Center in 1989.

Alan Meinke, MD, FACS
Dr. Meinke is a magna cum laude, Phi Beta Kappa graduate of Albion College. He earned his medical degree from Wayne School of Medicine in Detroit and completed a five-year-surgical fellowship in a broad range of general surgical disciplines at the Mayo Clinic. His clinical focus is in minimally invasive surgery and robotic surgery. Dr. Meinke serves as Vice Chairman of the Department of Surgery and Director of Surgical Quality at Norwalk Hospital. He has been working with the Connecticut Surgical Quality Collaborative to support an Enhanced Recovery After Surgery (ERAS) program to foster better outcomes throughout the state. Dr. Meinke also serves as the Treasurer of the CTACSPA.

John Torello
In 2006, Mr. Torello’s wife gave birth to premature twin sons in Connecticut. His son, Michael, was left severely disabled by a medical error that saw his jaundice go untreated. This led Michael to developing Kernicterus. Mr. Torello is a past Vice President of the CT Center for patient safety and the father of four children. Mr. Torello was graduated from Southern Connecticut State University with a M.S in School Psychology.