

CTACSPA, Inc.  
PMB 275  
65 High Ridge Road  
Stamford, CT 06905

Please encourage your  
surgical colleagues  
to attend the  
51<sup>st</sup> Annual Meeting.

**51<sup>st</sup> SCIENTIFIC & ANNUAL  
MEETING OCTOBER 11, 2019**  
Marriott - Trumbull, CT

# SCIENTIFIC & ANNUAL MEETING 2019

Friday, 11 October 2019  
*Marriott Hotel — Farmington, Connecticut*



Est. 1968

CONNECTICUT CHAPTER  
of the American College of Surgeons  
Professional Association, Inc.



## Guest Speakers

**Hon. Daniel Benishek, MD, FACS**  
*A Surgeon in Congress: The Exit Interview*

**Kimberly Davis, MD, MBA, FACS**  
*First Do No Harm: The Role of Palliation in  
Emergency General Surgery*

**John Magaña Morton, MD, MPH, FACS**  
*ERAS and The ENERGY Experience:  
Incorporating it in Your Practice*

## Program Highlights

**Resident Paper Competitions**  
Trauma, Cancer, General, Specialty, NSQIP/  
ERAS/Quality, Plastic & Medical Students

**Resident Workshop**  
**Kevin Knieri, MD**  
Founder and Host of *Behind the Knife*  
Reaching Millennials: How Podcasts and Other  
Technologies are Bridging the Educational Gap

**CT Surgical Quality Collaborative Workshop**

## 12th Annual Surgical Skills Competition

Register today @  
[www.ctacs.org](http://www.ctacs.org)

Celebrating 51 Years of Service to Connecticut Surgeons!  
*Uniting Surgeons To Advance Patient Care In Connecticut*

## A Message from the CTACSPA President

### Alan Meinke, MD, FACS

Welcome to the 51st Annual Meeting of the Connecticut Chapter of the ACS, which is being held on October 11th at the Marriott in Trumbull. We are pleased to again host our annual meeting jointly with the Connecticut Surgical Quality Collaborative.

We continue to enjoy our successful partnership with the CT State Medical Society (CSMS), who provide legislative support to the Chapter. Our legislative efforts continue both in state and in Washington DC to educate our leaders about surgeons' needs and respond to legislation that impacts the surgical community in CT. We are proud to be a grant recipient from the ACS Board of Governors to co-sponsor this year's Doctors' Day at the Capitol with the CSMS. We also sent a delegation that included surgical residents to DC to participate in the College's Annual Leadership and Advocacy Summit.

The Connecticut Surgical Quality Collaborative (CtSQC), Inc. encompasses all 28 acute care hospitals in CT. Its initial quality initiative, the Enhanced Recovery After Surgery (ERAS), is up and running. The CtSQC continue their successful roll out of new protocols for treating the geriatric patient population. CtSQC members presented at the summer ACS NSQIP meeting and are hosting a paper competition at the Chapter meeting again this year.

The agenda features engaging educational presentations, including (see agenda for details):

- **Foster Lecture:** *A Surgeon in Congress: The Exit Interview* — The Honorable Daniel Benishek, MD, FACS
- **Special Lecture:** *First Do No Harm: The Role of Palliation in Emergency General Surgery* — Kimberly Davis, MD, MBA, FACS;
- **Joint CTACSPA/CtSQC Quality Lecture:** *ERAS and The ENERGY Experience: Incorporating it in Your Practice* — John Morton, MD, MPH, FACS, FASMBS, ABOM;
- **Residents and Medical Student Lecture:** *Reaching Millennials: How Podcasts and Other Technologies are Bridging The Educational Gap* — Kevin Kniery, MD, Co-Founder Behind the Knife Podcast, and a Vascular Fellow at New York Presbyterian.

Our paper resident paper competitions will include over 50 residents research papers. Our meeting day will end with the 12th anniversary Surgical Skills Competition, an impressive milestone for the organization!

On behalf of the membership, I extend a hearty thank you to our industry partners for their generous support. Special kudos to the Program Committee, co-chairs Royd Fukumoto, MD, FACS and Adrian Maung, MD, FACS, for an interesting and innovative meeting, to David Shapiro, MD, MHCM, FACS for his help with the Skills Competition, and special thanks to Christopher Tasik, our Executive Director, for his tireless efforts putting our meeting together.

Finally, an appreciation to the management and staff of the Trumbull Marriott for having us as their guest for this meeting. I look forward to seeing all of you at the Annual Meeting on October 11th.

Sincerely,



Alan Meinke, MD, FACS

President, CTACSPA

Vice-Chairman Department of Surgery, Director of Surgical Quality, Norwalk Hospital

## CTACSPA/CtSQC Joint Annual Meeting Registration Form

### 11 OCTOBER 2019

(please make copies of this form for additional registrants)

First Name

Last Name

City

Telephone

E-mail

**Credit Card Payment? Go to [www.ctacs.org](http://www.ctacs.org)!**

**Please register me as a:**

	Before 09/20	After 09/20	Total
<input type="radio"/> Physician - CTACS Member	\$90.00	\$100.00	\$ _____
<input type="radio"/> Non-member Physician	\$115.00	\$125.00	_____
<input type="radio"/> Resident	\$65.00	\$75.00	_____
<input type="radio"/> Medical Student	\$25.00	\$35.00	_____
<input type="radio"/> Senior Surgeon Full Day Meeting	\$60.00	\$70.00	_____
<input type="radio"/> CtSQC - Non-Physician Member	\$65.00	\$75.00	_____
<input type="radio"/> Physician Assistant - CONNAPA	\$65.00	\$75.00	_____
<input type="radio"/> Physician Assistant - Non-CONNAPA	\$75.00	\$85.00	_____
<input type="radio"/> Other (indicate):	\$115.00	\$125.00	_____

**Total Amount Enclosed**

\$ \_\_\_\_\_

**I will be attending the Luncheon:**  Yes  No

**I will be attending the following morning meeting:**

- Cancer Liaison Physicians
- Committee on Trauma

To pay by credit card, you may register online at [www.ctacs.org](http://www.ctacs.org) at any time, including the day of the meeting.

To pay by check, complete this form and mail it before 10/01/2019 **with your check made payable to "CTACSPA, Inc." (Tax ID #04-3839991) to:**

CTACSPA, Inc.  
65 High Ridge Rd, PMB 275  
Stamford CT 06905  
TEL: 203-674-0747

# Hotel, Cancellation & Membership Information

# Meeting Highlights & CME Information

## Directions to the Trumbull Marriott

180 Hawley Lane, Trumbull, CT 06611  
203-378-1400

## From Stamford/Norwalk

Take CT-15N /Merritt Parkway to the CT-108 exit. Turn R onto Huntington Turnpike/CT-108. Turn L onto HAWLEY LN.

## From New Haven

Take 95S, to exit 38 toward Merritt S. and W.Cross Parkway CT15S, merge onto the Merritt Pkwy S, take exit 52 for CT-8 S toward CT 108S/Bridgeport, follow signs for CT 108/Stratford, turn left at CT 108/Nichols Ave., turn left at Hawley Lane.

## From Hartford

Take I-91S to exit 17/CT-15S/Wilbur Cross Pkwy. Follow to exit 52/Route 108S/8S. Keep right and follow signs for CT 108/Stratford, turn left at CT 108/Nichols Ave., turn left at Hawley Lane.

## From Danbury

Take I-84E to exit 10/US-6 West. Take US-6 West to CT-25/Main St. Take exit 6 and follow signs to Old Town Rd. Turn left on Old Town Rd. and follow signs for CT-8 North. Take CT-8 North to exit 8 and take ramp towards Nichols Ave. Bear left on Penny Ave, turn right on CT-108/Nichols Ave, turn left on Hawley Lane.

## Contacting the Trumbull Marriott

To have a message left for you during the meeting please call 203-378-1400 and ask the agent to deliver your message to the Connecticut Chapter of the American College of Surgeons desk.

## Cancellation Policy

Reservations for the Connecticut Chapter of the American College of Surgeons Scientific & Annual Meeting may be cancelled prior to 01 October without penalty. After that time the meeting fee will be non-refundable.

## Chapter Membership

The CTACSPA is dedicated to achieving the highest standards of surgical care through education, mentorship, fellowship and advocacy.

One way we achieve our mission is by providing educational and information programs and opportunities for physicians, residents and students.

We have the following active committees working on your behalf in the state: Committee on Trauma, Commission on Cancer, Quality and Patient Safety, Legislative Affairs, Young Surgeons, Residents, Applicants, Annual Meeting, and Awards. Your involvement is needed to help lead your Chapter.

All Fellows, Associate Fellows, and Candidates of the American College of Surgeons and Connecticut residents, surgical fellows, and students are eligible and encouraged to join our group. Please contact our Executive Director, Christopher Tasik (tel: 203-674-0747 or info@ctacs.org) for information or visit [www.ctacs.org](http://www.ctacs.org) to pay membership dues online.

## CME Information

### Accreditation Statement

The Stamford Hospital is accredited by the Connecticut State Medical Society to sponsor continuing medical education for physicians.

### Designation Statement:

The Stamford Hospital designates this educational activity for a maximum of 8.0 AMA PRA Category I Credit(s)<sup>TM</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

### Purpose:

The purpose of this meeting is to provide attendees with a forum for the latest information regarding clinical practice and research in the field of surgery. Surgical Residents have a continued need to improve the research skills and a forum to present their research. Rural surgeons have a need to learn about emerging technologies. There is an on-going need to enhance patient safety and quality of patient care.

Faculty and Planning Disclosures will be provided in written form at the meeting.

### Meeting Surveys

Physicians must return a completed meeting survey to receive CME credits.

### Eligibility

The meeting is open to physicians, physician assistants, residents, students, nurses, staff and office personnel. The CTACSPA reserves the sole right to determine eligibility for participation.

## Notice of Annual Meeting

This document serves as notice of the Annual Meetings of the Connecticut Chapter of the American College of Surgeons Professional Association, Inc.

## 2019 Program Committee

Royd Fukumoto, MD, FACS\*  
Adrian Maung, MD, FACS\*  
Alan Meinke, MD, FACS  
Christine VanCott, MD, FACS  
Kevin Dwyer, MD, FACS  
Philip Corvo, MD, FACS  
David Shapiro, MD, MHCM, FACS  
Christopher Tasik  
\*Co-Chair

## Exhibitors as of 08/20/2019

Bard Davol  
Baxter  
CMIC  
CSL Behring  
Designs for Vision, Inc.  
Edwards Lifesciences  
Ethicon  
Gore & Associates  
Hitachi Aloka  
Integra Lifesciences  
Intuitive, Inc.  
Karl Storz Endoskope  
Mallinckrodt Pharmaceuticals  
MedSource  
Nephron Pharmaceuticals  
Olympus America  
Pacira Biosciences  
Stryker  
US Army Recruiting  
US Navy Recruiting

# CTACSPA/CtSQC Joint Annual Meeting Program

Friday, October 11, 2019  
Trumbull Marriott

## Meeting Agenda

- 7:30 Meeting Registration, Continental Breakfast, Exhibits Open**
- 8:00 Committee Meetings**  
Committee on Trauma  
Commission on Cancer
- 8:45 Opening Remarks**  
Alan Meinke, MD, FACS, Chapter President  
Royd Fukumoto, MD, FACS, Program Co-Chair  
Adrian Maung, MD, FACS Program Co-Chair
- 9:00 Resident Paper Competitions**  
**Categories**
- Sultan Ahamed, MD, FACS General Surgery
  - John D. MacArthur, MD, FACS Trauma
  - Specialty and Plastic & Reconstructive
  - Surgical Quality, NSQIP and ERAS
  - Medical Students
- This session will present research updating participants on clinical care.*
- 10:30 Refreshment Break with Exhibitors**
- 11:00 James Foster, MD, FACS Lecture**  
**The Honorable Daniel Benishek, MD, FACS**  
**A Surgeon in Congress: The Exit Interview**
- Moderated by: Alan Meinke, MD, FACS  
Vice-Chairman Department of Surgery, Director of Surgical Quality, Norwalk Hospital

After a 30-year career as a rural surgeon in Michigan, Dr. Benishek represented his patients and constituents in US Congress for three terms. He will share insights on topics ranging from the role Congress plays in the delivery and future of healthcare, to why he declined to return for a fourth term. He invites questions from his CT surgical colleagues.

*This session will help identify social, economic, and political factors in the delivery of healthcare in the United States and how surgeons can impact the future trajectory of patient care.*

- 11:45 Chapter Awards**  
**Legislator of the Year Award**  
**Representative James Himes (Invited)**

### CTACSPA Business Meeting

- 12:00 Fellowship Luncheon**  
with exhibitors

- 1:00 Special Lecture**  
**Kimberly A. Davis MD MBA FACS FCCM**  
Professor of Surgery, Vice Chairman of Clinical Affairs, Chief of the Division of General Surgery, Trauma, and Surgical Critical Care, Yale School of Medicine, Trauma Medical Director, Surgical Director Quality and Performance Improvement, Yale-New Haven Hospital

**First Do No Harm: The Role of Palliation in Emergency General Surgery**  
*At the end of this session attendees will understand the probability of survival by decade emergency general surgery. To discuss the pitfalls in communication around the probability of survival after critical illness. To review the conscious and unconscious biases that patients, families and care providers bring to discussions around palliation*

- 2:00 Surgical Quality Lecture**  
**John Morton, MD, MPH, FACS, FASMB, ABOM**  
Vice-Chair, Quality, Division Chief, Bariatric and Minimally Invasive Surgery, Yale School of Medicine, Chair, Committee for Metabolic and Bariatric Surgery, American College of Surgeons, Past-President, American Society for Metabolic and Bariatric Surgery 2014-2015

### ERAS and The ENERGY Experience: Incorporating it in Your Practice

*This session help participants determine pre-op, intra-op and post op process to enhance recovery following surgery.*

- 3:00 Resident & Medical Student Lecture**  
**Kevin Kniery, MD**  
Co-Founder *Behind the Knife Podcast*  
New York Presbyterian Vascular Fellow

### Reaching Millenials: How Podcasts and Other Technologies are Bridging The Educational Gap

*At the end of this lecture attendees will be able to describe the way in which the millennial generation learns, and how best to use new technologies to educate them.*

- 4:00 12th Annual Surgical Skills Competition**  
Co-Hosted by Royd Fukomoto, MD, FACS, and Adrian Maung, MD, FACS

*Participants will improve their surgical skills by participating and observing hand-on exercises designed to test skills learned in training.*

- 6:45 Resident Awards**  
Presentation of the awards for best research papers and the 2019 Skills Competition Championship!

- 7:00 Meeting Concludes - Thank You!**

### Connecticut Surgical Quality Collaborative Workshop

- 2:00 Surgical Quality Lecture**  
**3:00 Quarterly Workshop**

