Please encourage your surgical colleagues to attend the 51st Annual Meeting.

51st SCIENTIFIC & ANNUAL MEETING OCTOBER 11, 2019
Marriott - Trumbull, CT
A Message from the CTACSPA President
Alan Meinke, MD, FACS

Welcome to the 51st Annual Meeting of the Connecticut Chapter of the ACS, which is being held on October 11th at the Marriott in Trumbull. We are pleased to again host our annual meeting jointly with the Connecticut Surgical Quality Collaborative.

We continue to enjoy our successful partnership with the CT State Medical Society (CSMS), who provide legislative support to the Chapter. Our legislative efforts continue both in state and in Washington DC to educate our leaders about surgeons’ needs and respond to legislation that impacts the surgical community in CT. We are proud to be a grant recipient from the ACS Board of Governors to co-sponsor this year’s Doctors’ Day at the Capitol with the CSMS. We also sent a delegation that included surgical residents to DC to participate in the College’s Annual Leadership and Advocacy Summit.

The Connecticut Surgical Quality Collaborative (CtSQC), Inc. encompasses all 28 acute care hospitals in CT. Its initial quality initiative, the Enhanced Recovery After Surgery (ERAS), is up and running. The CtSQC continue their successful roll out of new protocols for treating the geriatric patient population. CtSQC members presented at the summer ACS NSQIP meeting and are hosting a paper competition at the Chapter meeting again this year.

The agenda features engaging educational presentations, including (see agenda for details):

- **Foster Lecture**: A Surgeon in Congress: The Exit Interview — The Honorable Daniel Benishek, MD, FACS
- **Special Lecture**: First Do No Harm: The Role of Palliation in Emergency General Surgery — Kimberly Davis, MD, MBA, FACS
- **Joint CTACSPA/CtSQC Quality Lecture**: ERAS and The ENERGY Experience: Incorporating it in Your Practice — John Morton, MD, MPH, FACS, FASMBS, ABOM
- **Residents and Medical Student Lecture**: Reaching Millennials: How Podcasts and Other Technologies are Bridging The Educational Gap — Kevin Kniery, MD, Co-Founder Behind the Knife Podcast, and a Vascular Fellow at New York Presbyterian

Our paper resident paper competitions will include over 50 residents research papers. Our meeting day will end with the 12th anniversary Surgical Skills Competition, an impressive milestone for the organization!

On behalf of the membership, I extend a hearty thank you to our industry partners for their generous support. Special kudos to the Program Committee, co-chairs Royd Fukumoto, MD, FACS and Adrian Maung, MD, FACS, for an interesting and innovative meeting, to David Shapiro, MD, MHCM, FACS for his help with the Skills Competition, and special thanks to Christopher Tasik, our Executive Director, for his tireless efforts putting our meeting together.

Finally, an appreciation to the management and staff of the Trumbull Marriott for having us as their guest for this meeting. I look forward to seeing all of you at the Annual Meeting on October 11th.

Sincerely,

Alan Meinke, MD, FACS
President, CTACSPA
Vice-Chairman Department of Surgery, Director of Surgical Quality, Norwalk Hospital
Directions to the Trumbull Marriott
180 Hawley Lane, Trumbull, CT 06611
203-378-1400

From Stamford/Norwalk
Take CT-15N /Merritt Parkway to the CT-108 exit. Turn R onto Huntington Turnpike/CT-108. Turn L onto HAWLEY LN.

From New Haven
Take 95S, to exit 38 toward Merritt S. and W.Cross Parkway CT15S, merge onto the Merritt Pkwy S, take exit 52 for CT-8 S toward CT 108S/Bridgeport, follow signs for CT 108/Stratford, turn left at CT 108/Nichols Ave., turn left at Hawley Lane.

From Hartford
Take I-91S to exit 17/CT-15S/Wilbur Cross Pkwy. Follow to exit 52/Route 108S/8S. Keep right and follow signs for CT 108/Stratford, turn left at CT 108/Nichols Ave., turn left at Hawley Lane.

From Danbury
Take I-84E to exit 10/US-6 West. Take US-6 West to CT-25/Main St. Take exit 6 and follow signs to Old Town Rd. Turn left on Old Town Rd. and follow signs for CT-8 North. Take CT-8 North to exit 8 and take ramp towards Nichols Ave. Bear left on Penny Ave, turn right on CT-108/Nichols Ave, turn left at Hawley Lane.

Contacting the Trumbull Marriott
To have a message left for you during the meeting please call 203-378-1400 and ask the agent to deliver your message to the Connecticut Chapter of the American College of Surgeons desk.

Cancellation Policy
Reservations for the Connecticut Chapter of the American College of Surgeons Scientific & Annual Meeting may be cancelled prior to 01 October without penalty. After that time the meeting fee will be non-refundable.

Chapter Membership
The CTACSPA is dedicated to achieving the highest standards of surgical care through education, mentorship, fellowship and advocacy.

One way we achieve our mission is by providing educational and information programs and opportunities for physicians, residents and students.

We have the following active committees working on your behalf in the state: Committee on Trauma, Commission on Cancer, Quality and Patient Safety, Legislative Affairs, Young Surgeons, Residents, Applicants, Annual Meeting, and Awards. Your involvement is needed to help lead your Chapter.

All Fellows, Associate Fellows, and Candidates of the American College of Surgeons and Connecticut residents, surgical fellows, and students are eligible and encouraged to join our group. Please contact our Executive Director, Christopher Tasik (tel: 203-674-0747 or info@ctacs.org) for information or visit www.ctacs.org to pay membership dues online.

CME Information
Accreditation Statement
The Stamford Hospital is accredited by the Connecticut State Medical Society to sponsor continuing medical education for physicians.

Designation Statement:
The Stamford Hospital designates this educational activity for a maximum of 8.0 AMA PRA Category I Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Purpose:
The purpose of this meeting is to provide attendees with a forum for the latest information regarding clinical practice and research in the field of surgery. Surgical Residents have a continued need to improve the research skills and a forum to present their research. Rural surgeons have a need to learn about emerging technologies. There is an on-going need to enhance patient safety and quality of patient care.

Faculty and Planning Disclosures will be provided in written form at the meeting.

Meeting Surveys
Physicians must return a completed meeting survey to receive CME credits.

Eligibility
The meeting is open to physicians, physician assistants, residents, students, nurses, staff and office personnel. The CTACSPA reserves the sole right to determine eligibility for participation.

Notice of Annual Meeting
This document serves as notice of the Annual Meetings of the Connecticut Chapter of the American College of Surgeons Professional Association, Inc.

2019 Program Committee
Royd Fukumoto, MD, FACS*
Adrian Maung, MD, FACS*
Alan Meinke, MD, FACS
Christine VanCott, MD, FACS
Kevin Dwyer, MD, FACS
Philip Corvo, MD, FACS
David Shapiro, MD, MHCM, FACS
Christopher Tasik
*Co-Chair

Exhibitors as of 08/20/2019
Bard Davol
Baxter
CMIC
CSL Behring
Designs for Vision, Inc.
Edwards Lifesciences
Ethicon
Gore & Associates
Hitachi Aloka
Integra Lifesciences
Intuitive, Inc.
Karl Storz Endoskope
Mallinckrodt Pharmaceuticals
MedSource
Nephron Pharmaceuticals
Olympus America
Pacira Biosciences
Stryker
US Army Recruiting
US Navy Recruiting
CTACSPA/CtSQC
Joint Annual Meeting Program

Meeting Agenda

7:30  Meeting Registration, Continental Breakfast, Exhibits Open

8:00  Committee Meetings
Committee on Trauma  Commission on Cancer

8:45  Opening Remarks
Alan Meinke, MD, FACS, Chapter President  Royd Fukumoto, MD, FACS, Program Co-Chair  Adrian Maung, MD, FACS Program Co-Chair

9:00  Resident Paper Competitions
Categories
• Sultan Ahamed, MD, FACS General Surgery  
• John D. MacArthur, MD, FACS Trauma  
• Specialty and Plastic & Reconstructive Surgery  
• Surgical Quality, NSQIP and ERAS  
• Medical Students

This session will present research updating participants on clinical care.

10:30  Refreshment Break with Exhibitors

11:00  James Foster, MD, FACS Lecture
The Honorable Daniel Benishek, MD, FACS  A Surgeon in Congress: The Exit Interview

Moderated by: Alan Meinke, MD, FACS  Vice-Chairman of the Department of Surgery, Director of Surgical Quality, Norwalk Hospital

After a 30-year career as a rural surgeon in Michigan, Dr. Benishek represented his patients and constituents in US Congress for three terms. He will share insights on topics ranging from the role Congress plays in the delivery and future of healthcare, to why he declined to return for a fourth term. He invites questions from his CT surgical colleagues.

11:45  Chapter Awards
Legislator of the Year Award
Representative James Himes (Invited)

CTACSPA Business Meeting

12:00  Fellowship Luncheon
with exhibitors

1:00  Special Lecture
Kimberly A. Davis MD MBA FACS FCCM  Professor of Surgery, Vice Chairman of Clinical Affairs, Chair of the Division of General Surgery, Trauma, and Surgical Critical Care, Yale School of Medicine, Trauma Medical Director, Surgical Director Quality and Performance Improvement, Yale-New Haven Hospital

First Do No Harm: The Role of Palliation in Emergency General Surgery

At the end of this session attendees will understand the probability of survival by decade emergency general surgery. To discuss the pitfalls in communication around the probability of survival after critical illness. To review the conscious and unconscious biases that patients, families and care providers bring to discussions around palliation

2:00  Surgical Quality Lecture
John Morton, MD, MPH, FACS, FASMBS, ABOM  Vice-Chair, Quality, Division Chief, Bariatric and Minimally Invasive Surgery, Yale School of Medicine, Chair, Committee for Metabolic and Bariatric Surgery, American College of Surgeons, Past-President, American Society for Metabolic and Bariatric Surgery 2014-2015

ERAS and The ENERGY Experience: Incorporating it in Your Practice
This session help participants determine pre-op, intra-op and post-op process to enhance recovery following surgery.

3:00  Resident & Medical Student Lecture
Kevin Kniery, MD  Co-Founder Behind the Knife Podcast  New York Presbyterian Vascular Fellow

Reaching Millennials: How Podcasts and Other Technologies are Bridging The Educational Gap
At the end of this lecture attendees will be able to describe the way in which the millennial generation learns, and how best to use new technologies to educate them.

4:00  12th Annual Surgical Skills Competition
Co-Hosted by Royd Fukumoto, MD, FACS, and Adrian Maung, MD, FACS

Participants will improve their surgical skills by participating and observing hand-on exercises designed to test skills learned in training.

6:45  Resident Awards
Presentation of the awards for best research papers and the 2019 Skills Competition Championship!

7:00  Meeting Concludes - Thank You!

Connecticut Surgical Quality Collaborative Workshop

2:00  Surgical Quality Lecture

3:00  Quarterly Workshop

Friday, October 11, 2019  Trumbull Marriott