

# AGENDA

## The Annual Meetings of

CONNECTICUT CHAPTER  
of the American College of Surgeons  
Professional Association, Inc.



Est. 1968



CSQC  
CONNECTICUT  
SURGICAL  
QUALITY  
COLLABORATIVE

**Trumbull Marriott  
Trumbull, CT**

**Friday, October 11, 2019**

***Uniting Surgeons to Advance Patient Care in Connecticut***

[www.ctacs.org](http://www.ctacs.org)

 @CTACS\_PA

#CTACS2019

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*Please visit [www.ctacs.org](http://www.ctacs.org) to view a list of members and the Chapter's by-laws.*

# Agenda with Rooms Locations

ACCREDITATION Stamford Hospital is accredited by the Connecticut State Medical Society to sponsor continuing medical education for physicians. The Stamford Hospital designates this educational activity for a maximum of 8.0 AMA PRA Category I Credit(s) TM. Physicians should only claim credit commensurate with the extent of their participation in the activity. PURPOSE: The purpose of this meeting is to provide attendees with a forum for the latest information regarding clinical practice and research in the field of surgery. Surgical Residents have a continued need to improve the research skills and a forum to present their research. Rural surgeons have a need to learn about emerging technologies. There is an on-going need to enhance patient safety and quality of patient care. Physicians MUST complete and return a meeting survey to receive CME credits.

## Connecticut Chapter of the American College of Surgeons Professional Association Meeting

**7:30 Meeting Registration, Continental Breakfast and Exhibits Open – Grand Ballroom and Foyer**

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**8:00 Committee Meetings**

Committee on Trauma – Hartford                      Commission on Cancer – Augusta

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**8:45 Opening Remarks – Grand Ballroom**

Alan Meinke, MD, FACS, Chapter President, Royd Fukumoto, MD, FACS, Program Co-Chair, and Adrian Maung, MD, FACS Program Co-Chair

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**9:00 Resident Paper Competitions**

**Clinical Oncology Papers and Case Reports– Augusta**

*Moderator: Christine Van Cott, MD, FACS*

St. Vincent's Medical Center; Surgical Clerkship Director and Assistant Professor of Surgery, Frank H. Netter MD School of Medicine, Quinnipiac University

Chair, Connecticut Commission on Cancer

*Judge: Scott H. Kurtzman, MD, FACS*

Chairman, Waterbury Hospital Department of Surgery; Director, Waterbury Hospital General Surgery Residency Program; Professor of Surgery, University of Connecticut Health Center; Past President and Governor-at-Large, Connecticut Chapter of the American College of Surgeons Professional Association, Inc.

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**Sultan Ahamed, MD, FACS General Surgery – Concord**

*Moderator: Kathleen LaVorgna, MD, FACS*

Chair of Surgery, Nuvance Health, Norwalk Hospital; ACS Governor-at-Large for Connecticut; Past President, Connecticut Chapter of the American College of Surgeons Professional Association, Inc.

*Judge: Denise Barajas, MD FACS*

Medical Director - Hewitt Center for Breast Wellness, Griffin Hospital, Derby CT

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**Sultan Ahamed, MD, FACS General Surgery Case Reports – Providence**

*Moderator: Adrian Maung, MD, FACS, FCCM*

Associate Professor of Surgery, Section of General Surgery, Trauma and Surgical Critical Care; Department of Surgery, Yale School of Medicine; Adult Trauma Medical Director, Yale New Haven Hospital; Annual Meeting Co-Chair, Connecticut Chapter of the American College of Surgeons Professional Association, Inc.

*Judge: Royd Fukumoto, MD, FACS*

Department of General Surgery, Program Director, General Surgery Residency Program, Nuvance Health, Danbury Hospital Medical Arts Center; Annual Meeting Co-Chair, Connecticut Chapter of the American College of Surgeons Professional Association, Inc.

**Medical Student Research Competition – Merritt South**

*Moderator: Richard S. Stahl, MD, MBA, FACS, FACHE*

Senior Associate Dean for Strategic Relationships, Frank H. Netter MD School of Medicine, Quinnipiac University

*Judge: James Clark, MD, PGY-5*

Chief Resident, Stamford Hospital Surgical Residency

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**Plastic & Reconstructive/Surgical Quality, NSQIP and ERAS – Montpelier**

*Moderator: Alan Meinke, MD, FACS*

Private Practice, Surgeons of Westport, Westport, CT; Vice Chairman, Department of Surgery and Director of Surgical Quality, Nuvance Health, Norwalk Hospital; President, CT Surgical Quality Collaborative and Connecticut Chapter of the American College of Surgeons Professional Association, Inc.,

*Quality Judge: Hon. Daniel Benishek, MD, FACS*

Retired, US House of Representatives, (MI-1); Retired, General Surgeon, Dickinson County Healthcare System

*Plastic and Reconstructive Judge: Jillian Fortier, MD*

Assistant Professor of Surgery, Division of Plastic and Reconstructive Surgery, University of Connecticut Health Center

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**Specialty Surgery – Boston**

*Moderator: Ryan Bendl, DO, FACS, FASCRS*

Colon and Rectal Surgeon, Nuvance Health, Norwalk Hospital

*Judge: James G. Bittner, IV, MD, FACS*

Advanced GI Minimally Invasive and Bariatric Surgeon; Co-Director, Advanced GI Minimally Invasive Surgery Fellowship at Saint Francis Hospital and Medical Center

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**John D. MacArthur, MD, FACS Trauma – Hartford**

*Moderator: Brendan Campbell, MD, MPH, FACS*

Director of Trauma, Pediatric Surgical Quality and Safety Officer, Donald Hight Endowed Chair of General Pediatric Surgery, Connecticut Children's Medical Center; Chair, Connecticut State Committee on Trauma

**Judges:**

*Roselle E. Crombie, MD, FACS*

Yale New Haven Health System, Bridgeport Hospital

*Kevin Schuster, MD, MPH, FACS, FCCM*

Associate Professor of Surgery (Trauma), Yale School of Medicine

*This session will present research updating participants on clinical care.*

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**10:30 Refreshment Break with Exhibitors – Grand Ballroom**

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**11:00 James Foster, MD, FACS Lecture - A Surgeon in Congress: The Exit Interview – Merritt Ballroom**

**The Honorable Daniel Benishek, MD, FACS**

Retired, US House of Representatives, (MI-1); Retired, General Surgeon, Dickinson County Healthcare System

*Moderated by: Alan Meinke, MD, FACS*

Private Practice, Surgeons of Westport, Westport, CT; Vice Chairman, Department of Surgery and Director of Surgical Quality, Nuvance Health, Norwalk Hospital; President, CT Surgical Quality Collaborative and Connecticut Chapter of the American College of Surgeons Professional Association, Inc.,

After a 30-year career as a rural surgeon in Michigan, Dr. Benishek represented his patients and constituents in US Congress for three terms. He will share insights on topics ranging from the role Congress plays in the delivery and future of healthcare, to why he declined to return for a fourth term. He invites questions from his CT surgical colleagues.

*This session will help identify social, economic, and political factors in the delivery of healthcare in the United States and how surgeons can impact the future trajectory of patient care.*

**11:45 Chapter Awards and CTACSPA Business Meeting - Merritt Ballroom**

**Michael M. Deren, MD, FACS Legislator of the Year Award**  
**Representative Jim Himes (Invited)**

**12:15 Fellowship Luncheon with exhibitors – Grand Ballroom**

**1:15 Special Lecture - *First Do No Harm: The Role of Palliation in Emergency General Surgery* – Merritt Ballroom**

**Kimberly A. Davis MD MBA FACS FCCM**

Professor of Surgery, Vice Chairman of Clinical Affairs, Chief of the Division of General Surgery, Trauma, and Surgical Critical Care, Yale School of Medicine, Trauma Medical Director, Surgical Director Quality and Performance Improvement, Yale-New Haven Hospital

*At the end of this session attendees will understand the probability of survival by decade emergency general surgery. To discuss the pitfalls in communication around the probability of survival after critical illness. To review the conscious and unconscious biases that patients, families and care providers bring to discussions around palliation*

**2:00 Surgical Quality Lecture - *ERAS and The ENERGY Experience: Incorporating it in Your Practice* - Merritt Ballroom**

**John Morton, MD, MPH, FACS, FASMBS, ABOM**

Vice-Chair, Quality, Division Chief, Bariatric and Minimally Invasive Surgery, Yale School of Medicine, Chair, Committee for Metabolic and Bariatric Surgery, American College of Surgeons, Past-President, American Society for Metabolic and Bariatric Surgery 2014-2015

*This session help participants determine pre-op, intra-op and post op process to enhance recovery following surgery.*

**3:00 Resident & Medical Student Lecture - *Reaching Millenials: How Podcasts and Other Technologies are Bridging the Educational Gap* - Merritt Ballroom**

**Kevin Kniery, MD**

Co-Founder *Behind the Knife Podcast*; New York Presbyterian Vascular Fellow

*At the end of this lecture attendees will be able to describe the way in which the millennial generation learns, and how best to use new technologies to educate them.*

### **3:00PM Connecticut Surgical Quality Collaborative (CtSQC) Quarterly Workshop -Augusta**

**4:00 12th Annual Surgical Skills Competition - Grand Ballroom**

Co-Hosted by David Shapiro, MD, FACS, Royd Fukomoto, MD, FACS, and Adrian Maung, MD, FACS

*Participants will improve their surgical skills by participating and observing hand-on exercises designed to test skills learned in training.*

**6:45 Resident Awards - - Grand Ballroom**

Presentation of the awards for best research papers and the 2019 Skills Competition Championship!

**7:00 Meeting Concludes -**

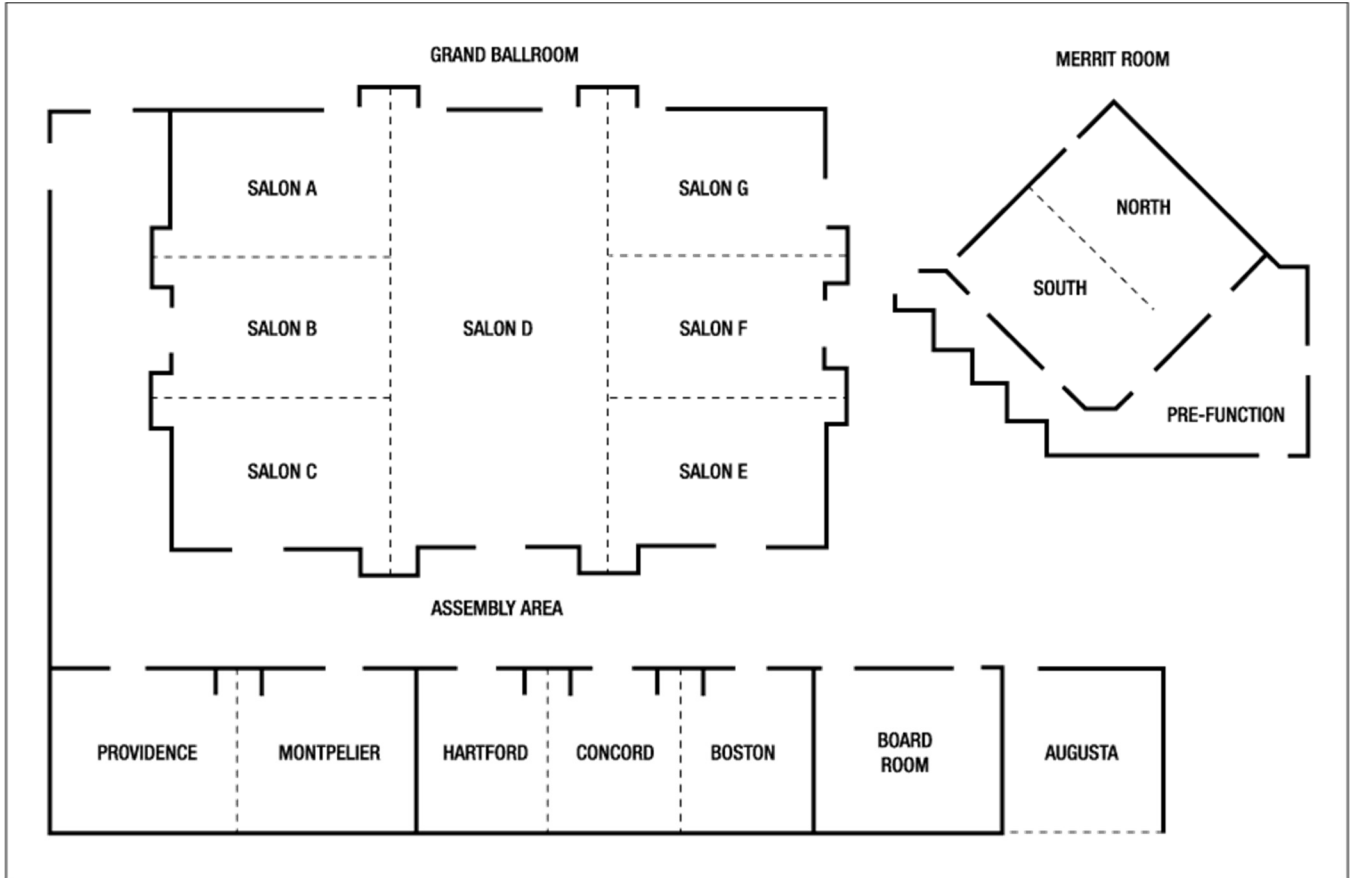
**Thank You!**

### **2019 Program Committee**

Christine VanCott, MD, FACS  
Royd Fukumoto, MD, FACS (Co-Chair)  
Adrian Maung, MD, FACS (Co-Chair)  
J. Alexander Palesty, MD, FACS

Brian Shames, MD, FACS  
David Shapiro, MD, MHCM, FACS (2019 Skills Chair)  
Rekha Singh, MD, FACS

# Map of the Trumbull Marriott



Clinical Oncology Papers: ..... Augusta  
 Clinical Oncology Case Reports: .... Augusta  
 General Surgery: ..... Concord  
 General Surgery – Case Reports: ... Providence  
 Medical Students: ..... Merritt South

Plastic Surgery and Quality: ..... Montpelier  
 NSQIP & ERAS: ..... Montpelier  
 Specialty Surgery: ..... Boston  
 Trauma: ..... Hartford

**Continental Breakfast, the mid-morning break and lunch will be served in the Grand Ballroom**

## Supporters and Exhibitors

as of 01 October 2019

**We gratefully acknowledge and thank our:**

**Sultan Ahamed, MD, FACS**  
**General Surgery Competition Sponsor**  
CMIC Group

**Breakfast and Break Sponsor**

Edwards Lifesciences

**Silver Meeting Sponsors**

Mallinckrodt Pharmaceuticals

American Cancer Society

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### Scientific Exhibitors

Abbott Nutrition

Bard Davol

Baxter

CMIC

CSL Behring

Connecticut State Medical Society

Designs for Vision, Inc.

Hitachi Aloka

Integra LifeSciences

Irrimax Corporation

Mallinckrodt Pharmaceuticals

Medsource

Nephron Pharmaceutical

New England Medical Books an Elsevier  
Affiliate

Pacira Biosciences

Portola Pharmaceuticals

Takeda Pharmaceutical Company Limited

US Army Recruiting

US Navy Recruiting

Z-Medica

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### Surgical Skills Competition Exhibitors

Applied Medical

Designs for Vision, Inc.

Edwards Lifesciences

Ethicon

FUJIFILM SonoSite, Inc.

Intuitive, Inc.

Karl Storz Endoskope

Medtronic Advanced Surgical Technology

Medtronic GIH

Olympus America

Simulab Corporation

Stryker Corporation

W. L. Gore and Associates

## Meeting Lectures

### James Foster, MD, FACS Memorial Lecture



### ***A Surgeon in Congress: The Exit Interview***

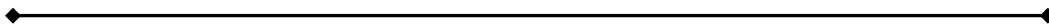
#### **The Honorable Daniel Benishek, MD, FACS**

Retired, US House of Representatives, (MI-1); Retired, General Surgeon, Dickinson County Healthcare System

*Moderated by: Alan Meinke, MD, FACS*

After a 30-year career as a rural surgeon in Michigan, Dr. Benishek represented his patients and constituents in US Congress for three terms. He will share insights on topics ranging from the role Congress plays in the delivery and future of healthcare, to why he declined to return for a fourth term. He invites questions from his CT surgical colleagues.

*This session will help identify social, economic, and political factors in the delivery of healthcare in the United States and how surgeons can impact the future trajectory of patient care.*



## Special Lecture



### ***First Do No Harm: The Role of Palliation in Emergency General Surgery***

#### **Kimberly A. Davis MD, MBA, FACS, FCCM**

Professor of Surgery, Vice Chairman of Clinical Affairs, Chief of the Division of General Surgery, Trauma, and Surgical Critical Care, Yale School of Medicine, Trauma Medical Director, Surgical Director Quality and Performance Improvement, Yale-New Haven Hospital

*At the end of this session attendees will understand the probability of survival by decade for emergency general surgery. The lecture will discuss the pitfalls in communication around the probability of survival after critical illness, and review the conscious and unconscious biases that patients, families and care providers bring to discussions around palliation*



## Surgical Quality Lecture



### ***ERAS and The ENERGY Experience: Incorporating it in Your Practice***

**John Morton, MD, MPH, FACS, FASMBS, ABOM**

Vice-Chair, Quality, Division Chief, Bariatric and Minimally Invasive Surgery, Yale School of Medicine, Chair, Committee for Metabolic and Bariatric Surgery, American College of Surgeons, Past-President, American Society for Metabolic and Bariatric Surgery 2014-2015

*This session will help participants determine pre-op, intra-op and post op process to enhance recovery following surgery.*



## Joint Resident and Medical Student Lecture



### ***Reaching Millenials: How Podcasts and Other Technologies are Bridging the Educational Gap***

**Kevin Kniery, MD**

Co-Founder *Behind the Knife Podcast*; New York Presbyterian Vascular Fellow

*At the end of this lecture attendees will be able to describe the way in which the millennial generation learns, and how best to use new technologies to educate them.*

**James H. Foster, M.D.**  
**(1930-2003)**



On June 17, 2003, Dr. James H. Foster, Professor of Surgery Emeritus at the University of Connecticut School of Medicine died at his home in Avon,

Connecticut after a one-year struggle with pancreatic cancer.

Jim Foster was born in Hamden, CT on June 24, 1930. His father was Lewis C. Foster, M.D., a respected surgeon in New Haven and Clinical Professor on the Yale Faculty, his mother, Alice, a former operating room nurse. As a youth Jim attended Hopkins Grammar School and was a ranked junior tennis player in the state. He continued his love for tennis throughout his life and was a fierce competitor still at the game in the year before his death. He graduated from Haverford College in 1950 and from Columbia University College of Physicians and Surgeons in 1954. He served a surgical internship at Barnes Hospital in St. Louis followed by two years in the U.S. Air Force. Jim received his surgical training at the University of Oregon School of Medicine under the tutelage, and the admiring eye, of the revered surgeon and medical humanist, J. Englebert Dunphy. After completing his residency he remained on the faculty in Portland for five years chiefly at the Veterans Administration Hospital.

In 1966, Hartford Hospital recruited Dr. Foster to be its first full-time Chief of Surgery. Prior to that the department of surgery had been conducting a well-regarded residency for twenty years under the leadership of voluntary practitioner chiefs. John Reed, the first graduate of the program in 1950, would be the fourth Hartford Hospital surgeon to be President of the New England Surgical Society in 1980. As with many high-volume community hospital programs of the time, the emphasis was on clinical care, surgical judgment and guidance based more on anecdotal evidence and experience than on science. Jim soon changed that emphasis by inserting a quest for evidence-based decision making while respecting and relying upon the skills,

knowledge and mentoring gifts of the surgeons to teach his residents.

Within a few weeks of his arrival he started a weekly Morbidity and Mortality Conference, replacing a desultory complications conference. It continues to this day essentially unchanged after nearly forty years. As his first chief resident, I can attest that this was a fearsome undertaking: presenting each case, accounting for wound infections, IV site phlebitis, urinary retentions, anastomotic failures, and, of course, every death on all services. Jim sat at the front of the room presiding, but never allowing an adversarial environment to be created. Insertions of comment were welcomed from all participants. His favorite line at the conclusion of each presentation was, "How could we have done this differently?" And when the discussion became mired in anecdotal commentary, Jim would always ask, "Does anyone have any FACTS on this subject?"

Every resident knew he had a chief who was on educational and oversight mode 24 hours a day. Every attending surgeon knew he had a chief to whom he would be accountable for his patient care and for his role in education. Medicare was just a year old. The elderly poor who had constituted much of the patient population on the resident teaching service were now in the care of private surgeons. Jim Foster would not have his residents' training dependent upon a thinned out "ward" service. Every patient would be a teaching patient and the surgeons who adapted to this philosophy became the vital core of his teaching program, and would bring credit to him, to themselves, and to the institution throughout his twelve-year tenure as chief.

With the advent of organ transplantation, Jim encouraged one of his graduating residents, Robert Schweizer, to go and train with Dr. Belzer and return to establish the transplantation program at Hartford Hospital in 1972. With burgeoning possibilities in cardiac surgery, he supported and encouraged Henry Low and Thomas Donovan to develop that program. A semi-dormant research laboratory was expanded. Residents became engaged in basic and clinical research, presentations at regional and national meetings became commonplace,

and publications appeared more frequently in the literature.

Then in 1974 Dr. Foster set for himself the task of enhancing the knowledge about solid liver tumors with the goals of guiding better surgical treatment and improving patient care. Since the numbers of patients with these lesions in any one institution were small, he decided to gather material from the support of his hospital and the cooperation of his many friends throughout the country, Jim personally visited 98 hospitals in 48 cities in 28 states collecting 650 abstracts of liver tumor patients. Pathological material on each case was reviewed by his pathologist-collaborator at Hartford Hospital, Dr. Martin Berman. The product of this tour de force was monograph #22 in the W.B Saunders series Major Problems in Clinical Surgery entitled Solid Liver Tumors by Foster and Berman published in 1977. Jim's half of the dedication was to Dr. Dunphy. Even after 25 years, the monograph continues to be referenced in papers and discussions on the subject. Jim Foster became an international authority on the management of liver tumors, lending his expertise to the care of patients in Connecticut, and appearing on panels and in the literature until his retirement from surgery in 1993.

As Chief of Surgery during the seventies, Dr. Foster was a strong proponent of close ties between Hartford Hospital and the fledgling University of Connecticut School of Medicine in nearby Farmington. To encourage the process, Jim decided to relinquish his position at Hartford Hospital in 1978 to become Professor and Chairman of Surgery at the medical school. He brought strength, integrity and energy to the surgical program and to the institution. At the state level he was a leader of the Connecticut Society of American Board Surgeons. At its yearly joint meetings with the Connecticut Chapter of the American College of Surgeons, the highlight of the proceedings was the panel moderated by Jim Foster. Ever-vigilant in recognizing pseudo-science and self-serving hyperbole, and with his typical command of the English language (and his audience), he led discussions of peptic ulcer surgery, pancreatitis, pancreatic cancer, breast cancer and other surgical subjects with memorable skill and common sense.

On the national scene, Dr. Foster was a member of the American Surgical Association. During his tenure on the American Board of Surgery a number of his Connecticut surgical colleagues were given the honor of serving as guest examiners of candidates for the certifying exam.

Jim Foster's talents, wisdom and work ethic were recognized at the regional level where he served on the executive council of the New England Surgical Society for over fifteen years, first as the Connecticut representative, then five years as recorder, four as secretary, president elect, and president in 1989.

During those years Jim and his wife "Sally" set aside time for travel. One of his favorites was trekking in Nepal in the "foothills" of the Himalayas. It was there that he became somewhat taken by the Eastern philosophies and simpler way of life. It was counterpoint to what he observed as a data-driven, computer-oriented emphasis on technology and materialism in western thought and in western medicine. He felt that in the rush to embrace technology the human element of medicine was being pushed aside. He campaigned in his public pronouncements to encourage a correction in the course medicine was taking, advocating meaningful time spent with the patient and a return to a thorough history and physical examination before the fancy tests. As a man well-grounded in poetry and literature, Jim later became a medical parodist rewording some classic poems to express his concerns. An example was his parody of The Shooting of Dan McGrew by Robert W. Service refashioned to depict a man presenting with a simple sebaceous cyst in which the following revised stanza appeared:

After multiple tests there followed the stress of the long wait for news to return.

A whole week went by before the doctor replied with a voice now full of concern:

"Your potassium's low, which means we must know if your adrenal has a tumor

inside. A scan known as CAT will help tell us that and will let us your future decide."

The most vivid profile of the multitalented James Foster was portrayed in his presidential address to the New England Surgical Society at Bretton Woods, New Hampshire, September 23, 1989. Entitled, Some Eastern Thoughts for Northeastern Surgeons, it expounded further on Jim's concern with scientific materialism and some lessons taught in the Far East. It is an appropriate primer for those embarking upon a surgical career, but must reading for those in the middle- at the peak of such a career. Pithy ideas are found there, such as:

*"We must not let the amorality of the marketplace be an excuse for dispensing with the selfless ethic that Medicine has followed for millennia. It is that ethic rather than our science and technology that commands the respect of our patients and the public. That ethic and those values have no measurable price and never will."*

*"The fundamental difference between East and West that I would like to stress is that the Easterner believes that values and attitudes are more important than measurements and prices. Quality is more important than quantity, and principles are more important than facts and data."*

*"Eastern culture is also noted for its reverence-reverence for all forms of life, for quiet, for nature, for the mountains, for old age, even for death. You may not have noticed, but reverence is gone from our contemporary American culture."*

A few years later, in 1993, Jim Foster retired to Emeritus Professor status but remained involved in medical student education, curriculum development and in a senior advisory role helping the New England Surgical Society adapt its annual meetings to the 21st century. An accomplished artist himself, he encouraged Sally in their travels to take up watercolors and capture the landscapes at home and away. She became so skilled in her own right that one-person shows of her work were held

with Jim as proud behind the scenes supporter, framer, transporter and friendly official greeter. Not surprisingly, for those who know Sally, proceeds from the sale of her work went to a Save the Children Fund in Afghanistan.

Never idle in retirement, Jim Foster nurtured his innate humanism by reading the works of Shakespeare, seeking out medical references in the plays and sonnets. From this pursuit came a book, A Doctor's Shakespeare, fully illustrated with drawings by the author with quotes pertaining to physicians, health, and medicine from Elizabethan times. In the final section we find again Jim the poet/parodist rewording Shakespeare to deliver his message of never forgetting the basics in the care of patients under the pen name Rattlesword. Dedicated to "those several hundreds of patients who taught me something of the human side of medicine", it was published in 2001, a year before he learned of the dread malignancy that would take his life.

Viewing his life in its entirety one sees an individual whose multi-talents were extraordinary in variety and depth: an accomplished athlete, surgeon, physician, editor, writer, poet, artist, traveler, philosopher, leader, friend and sponsor of the efforts of so many others, yet habitually embarrassed when any accolades came his way. He made an indelible mark on family, friends and colleagues and he will be missed. The sincere condolences of this society are warmly extended to Sally, his three children, and five stepsons. I think he would approve of a conclusion to this memorial statement drawn from the final lines of his presidential address. He said, *"When you walk in the quiet of the Himalayas, each person you pass on the trail nods his head, clasps his hands, and says, Namaste. The word is both a hello and goodbye, have a nice day and God be with you."*

Namaste, Jim, and thanks for the honor.

—H. David Crombie

## Awards Ceremony

### Michael M. Deren, MD, FACS Legislator of the Year Award

*(please see page 14)*



Recipient: Representative Jim Himes, US Congress 4<sup>th</sup> District (CT)

Presented by: Kathleen LaVorgna, MD, FACS, Co-Chair, Legislative Committee

## Business Meeting

Call to Order, Welcoming Remarks, Recognition of New Fellows & New Chapter Members, In Memorium, President's Remarks - **Alan Meinke, MD, FACS, President**

Governor-at-Large Report— **Philip Corvo, MD, MA, FACS and Kathleen LaVorgna, MD, FACS**

Secretary's Report – **Felix Lui, MD, FACS**

Approval of Minutes of 2018 Annual Meeting (see page 15)

Election of Officers and Councilors

Membership Report: **Christine Van Cott, MD, FACS**

Financial Report – **David Shapiro, MD, MHCM, FACS**

Service Recognition - **Alan Meinke, MD, FACS, President**

Exhibitor and Sponsor Recognition, Meeting Updates  
**Royd Fukumoto, MD, FACS & Adrian Maung, MD, FACS**

Adjournment – **Alan Meinke, MD, FACS, President**

*Committee Reports – please refer to page 16*

## **New Fellows**

### *Congratulations!*

Michael Alperovich, MD

Tomer Avraham, MD

Andrew Raymond Baxter, MD

Ryan Francis Bendl, DO

Jonathan A Cardella, MD

Benjamin Chandler, MD

James E. Clune, MD

Roselle E. Crombie, MD

Eric D. Girard, MD

Scott Bryan Grant, MD, MBE

Douglas Michael Hildrew, MD

Volodymyr Labinskyy, MD

Jessica Lee, MD

Peter B. McWhorter, MD

Nishant Deepak Merchant, MD

Ryan Millea, MD

Paul Daniel Neubauer, MD

Heather Osborn, MD

Bing Shue, MD

Megan Fritton Shue, MD

Kelly Marie Wanamaker, MD

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## **New Chapter Members**

### *Welcome!*

Alfredo A. Arbulu, MD FACS

Andrew Raymond Baxter, MD

Joseph W. Belkin, MD FACS

Lindsay Bliss, MD

John W. Colberg, MD FACS

Anthy Demestihias, MD FACS

Andrew John Fezza, MD FACS

Ahmad Fotovat, MD FACS

Arnar Geirsson, MD FACS

Vijay Jayaraman, MD, FACS

Arthur L. Jenkins III, MD FACS

Stephan Charles Lange, MD FACS

Helen Alexandra Pass, MD FACS

Athanassios Petrotos, MD, FACS

Kurt Eric Roberts, MD, FACS

Thomas Douglas Rodda, MD FACS

Julia Marie Toto, MD, FACS

Zhongqiu John Zhang, MD, FACS

## **Medical Student Scholarships**

Annually, the Connecticut Chapter of The American College of Surgeons Professional Association sponsors an award for excellence in the Surgical Sciences to a graduating senior medical student at the Frank H. Netter, MD School of Medicine at Quinnipiac University, the University of Connecticut School of Medicine, and the Yale School of Medicine.

This award is presented to stimulate student interest in the surgical disciplines and to recognize outstanding achievements in these areas. The award is not restricted to excellence in general surgery or a specific surgical subspecialty, but is presented to the student showing the best overall performance in any of the surgical disciplines.

### **Congratulations to the 2019 recipients!**

#### **ASHKAUN RAZMARA, M.D.**

Frank H. Netter, MD School of Medicine at Quinnipiac University

#### **NICHOLAS CAMINITI, M.D.**

University of Connecticut School of Medicine

#### **ELLIOT MORSE, M.D.**

Yale School of Medicine

## **The CTACSPA Distinguished Service Award**

In 2006, the Chapter formed an Awards Committee which was charged with the task of selecting a candidate for the newly conceived Distinguished Service Award.

This award was created to honor an individual who has made an outstanding contribution to surgical patient care and the art and science of medicine in Connecticut.

We proudly list those upon whom the Connecticut Chapter of the American College of Surgeons Professional Association's Distinguished Service Award has been bestowed:

### Award Recipients

2018, 2019: Not Awarded

2017: Scheuster E. Christie, MD, FACS

2016: Scott Ellner, DO, FACS

2015: Kathleen LaVorgna, MD, FACS

2014: David Knight, MD, FACS

2013: H. David Crombie, MD, FACS

2012: Lenworth Jacobs, MD, FACS

2011: Michael Deren, MD, FACS

2010: Joseph Civetta, MD, FACS

2009: Anthony Morgan, MD, FACS

2008: Stanley J. Dudrick, MD, FACS

2007: Frank J. Scarpa, MD, FACS

2006: John D. MacArthur, MD, FACS

## The Michael M Deren, MD, FACS Legislator of the Year Award



In September 2019, Council dedicated this award in memory of our colleague and friend, Michael Deren, MD, FACS, who succumbed to a rare illness on July 28, 2019. We will miss his keen insight, his encyclopedic knowledge of medical and world history, his passion for service to his patients and his fellow physicians, his kindness and generosity, his love for his wife, Anne Marie, for whom he often took home a dessert from Council meetings, and his dedication to our Chapter for over 25 years.

Dr. Deren was born in New Haven, CT, attended Seymour schools, obtained his Bachelor of Arts in English at Georgetown University, and his M.D. at Georgetown Medical School. He performed his general surgical residency at Hartford Hospital and then served as a surgical captain in the U.S. Marine Corps in Okinawa. He pursued a cardiothoracic fellowship at Yale University and later returned for a certificate in Physician Leadership from the Yale School of Management. He was in private practice for over 30 years and served as the chief of surgery at Lawrence + Memorial Hospital for 23 years.

To say he was dedicated to organized medicine is an understatement. Dr. Deren was truly an advocate for his colleagues and patients in and out of the operating room. He served the Connecticut Chapter in various capacities including Secretary and President. Dr. Deren served in numerous roles at the American Medical Association, including Chair of the Council on Constitution and Bylaws and the Chair of the Surgical Caucus, as President and later Chairman of the Council of the Connecticut State Medical Society, and in many other professional and civic organizations in Connecticut and across the country. After he left the operating room, he continued to practice at the Backus Hospital Wound Care Clinic and served as Editor of *Connecticut Medicine* or as he affectionately called it "*The Other New England Journal*".

Outside of medicine he was an accomplished chess player who contemplated pursuing the path to Grand Master, fortunately for his patients and colleagues, he chose surgery. Dr. Deren loved playing his Steinway piano and would spend hours working pieces to perfection. He volunteered as a tutor for immigrant students in the Norwich area and was honored as a Knight in the Order of Malta. He also enjoyed cars and driving – it was not uncommon for him to drive from his home in New London to a meeting in New Haven back to Lawrence + Memorial then back home multiple times each week.

In "*the land of steady habits*" there was perhaps one no more steady than Dr. Deren. We thank him for his leadership, and his service and mentorship to our Chapter, our patients and our profession.

*The Michael M Deren, MD, FACS Legislator of the Year Award has been awarded to:*

- 2019 – The Honorable James Himes, United States House of Representatives
- 2016 – The Honorable Nancy Wyman, Lt. Governor, State of Connecticut
- 2015 – The Honorable Rosa DeLauro, United States House of Representatives
- 2014 – The Honorable Joseph Courtney, United States House of Representatives
- 2013 – The Honorable Prasad Srinivasan, MD, Representative, State of Connecticut
- 2012 – The Honorable Richard Blumenthal, United States Senate
- 2011 – The Honorable Christopher Murphy, United States House of Representatives
- 2010 – The Honorable Christopher Donovan, Speaker of the House, State of Connecticut
- 2009 – The Honorable James Shapiro, Representative, State of Connecticut



## 2018 Annual Meeting Minutes

19 October 2018 – 11:45 a.m.

### The Connecticut Chapter of the American College of Surgeons Professional Association, Inc.

At 11:45 a.m., the 2019 Annual Meeting of the Connecticut Chapter of the American College of Surgeons Professional Association, Inc. was convened by Kimberly Davis, MD, MBA, FACS at the Marriott in Farmington, CT.

Dr. Davis presented opening remarks and acknowledged our Council members for their hard work during the year. New Chapter members and new Fellows were also acknowledged, welcomed, and congratulated.

Dr. Corvo, the ACS Governor-at-Large gave brief remarks on behalf of the ACS Board of Governors.

A motion was made from the floor to approve the minutes of the 2017 Annual Meeting. The motion was carried with a unanimous vote.

Dr. Lui presented the slate of officers for a one year term as follows: Kimberly Davis, MD, MBA, FACS, President, Alan Meinke, MD, FACS, President-elect, Felix Lui, MD, FACS, Secretary, David Shapiro, MD, MHCM, FACS, Treasurer, and Royd Fukumoto, MD, FACS & Adrian Maung, MD, FACS, Co-VPs Annual Meeting. In addition, Jonathan Blancaflor, MD, FACS, Kevin Dwyer, MD, FACS, Shea Gregg, MD, FACS, J.. Alexander Palesty, MD, FACS, Rekha Singh, MD, FACS, and Brian Shames, MD, FACS, were nominated for 2 year Councilor terms. After hearing no nominations from the floor, a vote was held and all were approved by unanimous consent.

Dr. Shapiro reported that the Chapter had \$82,000 combined in checking, savings, and accounts receivable from the annual meeting. versus \$91,655 in the prior year. It was duly noted that the majority of the expenses from the Annual Meeting were not included in this figure.

Dr. Meinke also reported that membership was down slightly over the prior year (184 vs. 192) and that the Council was continuing to offer large groups in the state a discount on membership which follows the trend at many other societies across the country.

Members were directed to the meeting proceedings book to read Committee reports.

Drs. Fukumoto and Maung acknowledged the meeting supporters and exhibitors, the College and the meeting staff. Several other meeting housekeeping matters were addressed.

At 12:00 p.m. the annual meeting of the Connecticut Chapter of the American College of Surgeons Professional Association, Inc. was adjourned.

## 2019 Committee Reports

**Connecticut State Medical Society: Kathy LaVorgna, MD, FACS:** The Connecticut State Medical Society (CSMS) again tracked dozens of pieces of health care legislation this past year, on behalf of patients and physicians in the state. The CTACSPA, working with CSMS, reviewed and signed on to testimony for many of those bills.

CSMS continues with its efforts to represent all the physicians in the state, recognizing that various groups (ie, private practice, hospital employed, large groups, etc.) have similar AND different issues as physicians. They also provide a forum for specialty societies to convene and strategize to work together to solve issues that impact our patients. The county medical societies, specialty societies, and the state are moving forward together, as a coalition, to protect the health and well-being of the people of Connecticut, and the physicians who care for them. Don't complain about problems as an outsider; be part of the solution. BE A MEMBER!

**Legislative: Kathy LaVorgna, MD, FACS and Brendan Campbell, MD, FACS:** Working in conjunction with CSMS, the Legislative Committee had a very active year reviewing and commenting on many pieces of legislation that had the potential to impact our profession. We provided separate written and oral testimony on SB 46, An Act Prohibiting Hospitals From Charging Fees For Trauma Activation which did not advance, HB 7140, An Act Concerning Recommendations by the DOT which advanced minus the helmet provisions, and SB 317 An Act Requiring Health Insurance Coverage for Bariatric Care which did not advance, despite the significant work from a partnership between the Chapter and the Connecticut Society if the American Society of Metabolic and Bariatric Surgery.

The Chapter once again participated in the Joint Surgical Advocacy Conference in Washington, DC. Chapter members met with our Federal elected officials to discuss various issues including funding for Trauma care, the looming shortage of general surgeons, concerns regarding the potential elimination of the public service loan forgiveness program and resident medical education.

**Program Committee : Christine VanCott, MD, FACS, Royd Fukumoto, MD, FACS (Co-Chair), Adrian Maung, MD, FACS (Co-Chair), J. Alexander Palesty, MD, FACS, Brian Shames, MD, FACS, David Shapiro, MD, MHCM, FACS (2019 Skills Chair), Rekha Singh, MD, FACS:** The Program Committee enjoyed another very successful year with over 60 abstracts submitted for the Annual Meeting. The Committee again worked with Stamford Hospital, a CSMS certified CME Provider, to provide our credits for the Annual Meeting. On the vendor support side, we were pleased to have meaningful support from our industry partners for both the exhibits and our Surgical Skills Competition. The Committee welcomes your active participation and looks forward to your feedback on the Annual Meeting Survey.

**Committee on Young Surgeons: Kristen Glasgow, MD and Kristin Oliveira, MD, Resident Committee: Virginia Parker, MD, and Joel Calafell, MD and Medical Students Committee: Jeremy Fridling:** The Residents Committee had a very successful year which kicked off at the annual meeting with strong attendance at their sessions. The Committee also hosted another successful ABSITE prep course which they will be repeating in the coming year. Swathi Reddy, MD has led the Committee's efforts to generate data on the state of surgical resident debt and how it is affecting practice trends. Dr. Reddy expects to have data ready to publish later this year. The Medical Student Committee was off and running generating 12 presentations for the first Medical Student Research Paper Competition. Both Committees are pleased to have Dr. Kevin Kniery, co-founder of the *Behind the Knife* podcast as their joint speaker at this year's meeting!

Dr. Van Cott continues to lead outreach programs to CT medical schools to encourage students to consider surgery as a career. She is also working to more actively engage new Fellows in the Chapter, including a cocktail reception prior to Convocation at Clinical Congress.

**Patient Safety and Quality Committee: Alan Meinke, MD, FACS—**The CtSQC continues to hold quarterly meetings featuring local and national speakers on many important topics relating to surgical quality and patient care. As the CtSQC continues to grow, its focus remains the same, to provide a forum to share knowledge and best practices, offer education and outreach & conduct itself with the highest levels of integrity and collegiality. Having successfully rolled out the ERAS protocols, the Collaborative is now working on the roll out of the CT Geriatric Program for Surgery and working to secure new grant funding. CtSQC member hospitals are entitled to a discount on the annual ACS NSQIP fees.

# Officers and Council

## 2018-2019

### *President*

Alan K. Meinke, M.D., F.A.C.S.\*

### *Secretary*

Felix Lui, M.D., F.A.C.S.\*

### *Treasurer*

David S. Shapiro, M.D., M.H.C.M., F.A.C.S.\*\*\*

### *Immediate Past President/AAST Governor to ACS*

Kimberly A. Davis, M.D., M.B.A., F.A.C.S.\*

### *Governors-at-Large*

Philip Corvo, M.D., M.A., F.A.C.S.\*\*

Kathleen LaVorgna, M.D., F.A.C.S.\*\*

### *Co-VPs, Annual Meeting Program Cmte.*

Royd Fukumoto, M.D., F.A.C.S.\*

Adrian Maung, M.D., F.A.C.S.\*

### *VP, Membership*

Christine Van Cott, MD, FACS\*

### *VP, Legislative Committee*

Brendan Campbell, M.D., F.A.C.S.\*

Kathleen LaVorgna, M.D., F.A.C.S.\*\*

### *Chair, Awards Committee*

Scott H. Kurtzman, M.D., F.A.C.S.\*

### *Co-Chairs, Residents Committee*

Joel Calafell, M.D. \*\*

Virginia Parker, M.D. \*\*

### *Chair, Medical Students Committee*

Jeremy Fridling

### *Chair, Young Surgeons Committee*

Mentor, Residents Committee

Kristen Glasgow, M.D.\* and Kristin Oliveira, MD\*

## Council Members

Kevin Dwyer, M.D., F.A.C.S. \*\*\*

Shea Gregg, M.D., F.A.C.S.

J. Alexander Palesty, M.D., F.A.C.S.

Brian Shames, M.D., F.A.C.S. \*\*\*

Rekha Singh, M.D., F.A.C.S. \*\*\*

Richard Weiss, M.D., F.A.C.S.

## Ex-officio Members

*Chair, CT Committee on Trauma*

Brendan Campbell, M.D., F.A.C.S.\*

*Chair, CT Commission on Cancer*

Christine Van Cott, MD, FACS\*

*Chair, CT State Trauma Committee*

Shea Gregg, M.D., F.A.C.A.

*CTASMBS Liaison*

Geoffrey Nadzam, M.D., F.A.C.S., F.A.S.M.B.S.

\* Council Member

\*\*Ex-officio Council Member

\*\*\*Program Committee Member

Executive Director: Christopher M. Tasik  
65 High Ridge Road, PMB 275, Stamford 06905  
T: 203-674-0747 F: 203-621-3023 [info@ctacs.org](mailto:info@ctacs.org)

## Past Presidents

Kimberly A. David, MD, MBA, FACS	2016-2018
Michael M. Deren, MD, FACS	2014-2016
Kathleen LaVorgna, MD, FACS	2012-2014
Juan Sanchez, MD, MPA, FACS	2011-2012
Orlando Kirton, MD, FACS	2009-2011
Philip Corvo, MD, MA, FACS	2007-2009
Scott H. Kurtzman, MD, FACS	2005-2007
Gary Bloomgarden, MD, FACS	2004-2005
Kristen Zarfes, M.D., F.A.C.S.	2002-2004
Lenworth Jacobs, MD, MPH, FACS	2000-2002
Charles E. Littlejohn, MD, FACS	1999-2000
Frank J. Scarpa, MD, FACS	1997-1998
John M. MacArthur, MD, FACS	1995 -1996
Sherman M. Bull, MD, FACS	1993 -1994
Robert D. Cottle, MD, FACS	1991 -1992
Robert Boltax, MD, FACS	1989 - 1990
Joseph A. Bardenheier, III, MD, FACS	1987 -1988
Brendan M. Fox, MD, FACS	1985 -1986
Gerard Chapnick, MD, FACS	1983 -1984
Gerald O. Strauch, MD, FACS	1981 -1982
William F. Quigley, MD, FACS	1979 - 1980
Everitt Dolan, MD, FACS	1978
Douglas A. Farmer, MD, FACS	1976-1977
Andrew J. Panettieri, MD, FACS	1974 -1975
John Standard, MD, FACS	1972 -1973
Francis M. Hall, MD, FACS	1970 -1971
John C. Nolan, MD, FACS	1969
Albert C. Herrmann, MD, FACS	1966 – 1968

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### *In Memoriam:*

John M. Aversa, MD FACS  
Michael M. Deren, MD, FACS  
Joseph R. Gordon, MD, FACS  
Deepak Narayan, MBBS