

# AGENDA

## The Annual Meetings of

# Connecticut *Chapter*

**ACS** Chapters American College  
of Surgeons



**October 13, 2023**  
**Trumbull Marriott**

### ***CONTINUING MEDICAL EDUCATION CREDIT INFORMATION***

#### **Accreditation**

The American College of Surgeons is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

#### ***AMA PRA Category 1 Credits™***

The American College of Surgeons designates this live activity for a maximum of 6.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



AMERICAN COLLEGE OF SURGEONS  
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#### ***Program Objectives:***

At the conclusion of this activity, the learner should be aware of surgical research taking place in Connecticut, have a basis from which they can further examine new techniques, be able to explain the frameworks and fundamentals of surgical QI and patient centered care. Learners will be better prepared to manage the challenges they may face in trying to implement new methods and care techniques.

***Uniting Surgeons to Advance Patient Care in Connecticut***

[www.ctacs.org](http://www.ctacs.org)

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#CTACS2022

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# Conflict of Interest Disclosure



## DISCLOSURE INFORMATION

### CONNECTICUT CHAPTER OF THE AMERICAN COLLEGE OF SURGEONS PROFESSIONAL ASSOCIATION, INC. ANNUAL MEETING OCTOBER 13, 2023 TRUMBULL, CT

In accordance with the ACCME Accreditation Criteria, the American College of Surgeons must ensure that anyone in a position to control the content of the educational activity (planners and speakers/authors/discussants/moderators) has disclosed all financial relationships with any commercial interest (termed by the ACCME as an “ineligible company”, defined below) held in the last 24 months (see below for definitions). Please note that first authors were required to collect and submit disclosure information on behalf of all other authors/contributors, if applicable.

<b>Ineligible company:</b> Any entity producing, marketing, re-selling, or distributing health care goods or services used on or consumed by patients. Providers of clinical services directly to patients are NOT included in this definition.
<b>Financial Relationships:</b> Relationships in which the individual benefits by receiving a salary, royalty, intellectual property rights, consulting fee, honoraria, ownership interest (e.g., stocks, stock options or other ownership interest, excluding diversified mutual funds), or other financial benefit. Financial benefits are usually associated with roles such as employment, management position, independent contractor (including contracted research), consulting, speaking and teaching, membership on advisory committees or review panels, board membership, and other activities from which remuneration is received, or expected. ACCME considers relationships of the person involved in the CME activity to include financial relationships of a spouse or partner.
<b>Conflict of Interest:</b> Circumstances create a conflict of interest when an individual has an opportunity to affect CME content about products or services of an ineligible company with which he/she has a financial relationship.

The ACCME also requires that ACS manage any reported conflict and eliminate the potential for bias during the educational activity. Any conflicts noted below have been managed to our satisfaction. The disclosure information is intended to identify any commercial relationships and allow learners to form their own judgments. However, if you perceive a bias during the educational activity, please report it on the evaluation.

SPEAKERS / MODERATORS / DISCUSSANTS / AUTHORS	NOTHING TO DISCLOSE	DISCLOSURE		
		COMPANY	ROLE	RECEIVED
Alex Kammien	x			
Amber Hendricks	x			
Amber Wilkes	x			
Ammr Al-Houssan	x			
Andres F. Sanchez, MD	x			
Anna Sarkisova	x			
Bomsol Lee	x			
Brendan Stewart	x			
Brienne Ryan	x			
Christine Finck, MD, FACS		Harvard Apparatus Regenerative Technology <u>Esophadex</u>	CMO & Scientific Advisory Board Member	Consulting Fees & Equity (Private)
Cynthia Lin	x			
Daniel Pardo	x			
Darren Tishler, MD, FACS, FASMB	x			
David Colen, MD	x			
David S. Shapiro, MD, MHCM, FCCM, FACS	x			
Elizabeth Hughes	x			
Emery Edmondson	x			
Eric Dong, MD, FACS	x			
Ethan Pitney	x			
Gabriela Esnaola	x			
Herbert Downton	x			
Jacob Silverman	x			
Jamieson O'Marr	x			
Jennifer Toner	x			
Jeremy Fridling	x			
Jonathan Blancaflor, MD, FACS	x			

Jonathan Stern	x			
Joshua Wetzler	x			
Juan P Cobar, MD	x			
Julia Silverman	x			
Julian Mobley	x			
Julie Freischlag, MD, FACS	x			
Kaitlyn Petitpas	x			
Katherine Lipinski	x			
Kathleen LaVorgna, MD, FACS	x			
<u>Keerthivasan Vengatesan</u>	x			
Kevin G Hu	x			
Kevin Schuster, MD, MPH, FACS, FCCM	x			
Kristin Glasgow, MD, FACS	x			
Kristina <u>Kuklova</u>	x			
Leah Bassin, MD, FACS	x			
Liam Harvey	x			
Litton Whitaker	x			
Matthew Schiralli, MD	x			
Melissa <u>Ulbrick</u>	x			
Michael Chun	x			
Michael <u>Gouzoulis</u>	x			
Monica Maloney	x			
Muhmmad Huzaifa Zafar	x			
Neville Patel	x			
Nicholas Druar	x			
Nicholas Estes	x			
Nicole DiTommaso	x			
Oluwatoyosi Akande	x			
Paul Fata	x			
Pei En Kwok	x			
Peter Tramontozzi	x			
Philip Corvo, MD, FACS	x			
Prabhleen Kaur	x			
Priscilla Lam	x			
Rebecca Jugo	x			
Ronald Truong	x			
Roselle Crombie, MD, FACS	x			
Royd Fukumoto, MD, FACS	x			
Ryan Pettit MD	x			
Scott Kurtzman, MD, FACS	x			
Sean Burgwardt	x			
Sean Ramras	x			
Shawna Kettyle, MD, FACS	x			
Shayan Ahmed	x			
Thomas P. Agresta, M.D., M.B.I.	x			
Thomas Tritt	x			
Tian Sheng Ng	x			
Tiffany Zhang	x			
Victoria Liang	x			
York Lin Chew	x			
PLANNING COMMITTEE	NOTHING TO DISCLOSE	DISCLOSURE		
		COMPANY	ROLE	RECEIVED
Roselle Crombie, MD, FACS	X			
Royd Fukumoto, MD, FACS	X			
Shawna Kettyle, MD, FACS	X			
David Shapiro, MD, MHCM, FCCM, FACS	X			
Christopher Tasik	X			

# Agenda

## CONTINUING MEDICAL EDUCATION CREDIT INFORMATION

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### To claim CME



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<https://www.ctacs.org>  
2023 Annual Meeting  
page

## Connecticut Chapter of the American College of Surgeons Professional Association Annual Meeting

**7:30AM Meeting Registration, Continental Breakfast and Exhibits Open – *Grand Ballroom and Foyer***

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**8:00AM Committee Meetings**  
Committee on Trauma – **Montpelier**

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**8:45AM Opening Remarks – Grand Ballroom**  
David Shapiro, MD, MHCM, FCCM, FACS, President, Roselle Crombie, MD, FACS, Program Chair

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**9:00AM Resident Paper Competitions**  
Learning Objectives:  
1) Expand learner's knowledge of novel approaches and emerging trends in surgery  
2) Acquire skills that can be implemented in learner's own surgical practice

### **John MacArthur, MD, FACS Trauma Competition**

#### **Trauma – Montpelier**

Moderator: Kevin Schuster, MD, MPH, FACS, FCCM, Associate Professor of Surgery (Trauma), Yale School of Medicine, Chair, CT Committee on Trauma, President, CT Surgical Quality Collaborative

Judge: CT Committee on Trauma

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### **Bariatric and Metabolic Surgery – Providence**

Moderator: Darren Tishler, MD, FACS, FASMBS, Chief, Bariatrics, Hartford Hospital, President, Connecticut Chapter of the American Society of Bariatric and Metabolic Surgery

Judge: Connecticut Chapter of the American Society of Bariatric and Metabolic Surgery

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### **Clinical Oncology – Hartford**

Moderator: Eric Dong, MD, FACS, Nuvance Health, Danbury

Judges: James McClane, MD, FACS, Nuvance Health, Norwalk and Susana Vargas-Pinto, MD, Nuvance Health, Danbury

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## **General & Pediatric Surgery– Augusta**

### **General Surgery**

Moderator: Shawna Kettle, MD, FACS, Hartford HealthCare Medical Group, CTACSPA Treasurer  
Judge: Alan Meinke, MD, FACS, Nuvance Health Norwalk Hospital, Past President, CTACSPA

### **Pediatric Surgery**

Moderator: Christine Finck, MD, FACS, Surgeon-in-Chief, Chief, Division of Pediatric General and Thoracic Surgery, The Peter J. Deckers Endowed Chair in Pediatric Surgery, Connecticut Children's, CTACSPA Secretary

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## **Medical Students – Grand Salons ABC**

Moderator: Scott Kurtzman, MD, FACS, Assistant Dean for Graduate Medical Education & Designated Institutional Official, Frank H. Netter MD School of Medicine at Quinnipiac University  
Judge: Kathy LaVorgna, MD, FACS, Chair of Surgery, Nuvance Health – Norwalk Hospital

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## **Quick Shots & Plastic and Reconstructive – Merritt NORTH**

### **Quick Shots**

Co-Moderators & Co-Judges: Roselle Crombie, MD, FACS, YaleNewHavenHealth, Bridgeport Hospital & David S. Shapiro, MD, MHCM, FCCM, FACS, Chief Medical Officer, Saint Francis Hospital | Trinity Health of New England, Associate Professor, University of Connecticut School of Medicine & Frank H. Netter MD School of Medicine Quinnipiac University, CTACSPA President

### **Plastic and Reconstructive Surgery**

Moderator: David Colen, MD, Assistant Professor of Surgery (Plastic); Faculty, Yale Limb Restoration and Lengthening Program  
Judge: TBA

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## **Surgical Subspecialties Room 1 – Concord**

Moderator: Jonathan Blancaflor, MD, FACS, Assistant Professor of Surgery (General, Trauma & Surgical Critical Care); NSQIP Surgeon Champion, Surgery; Director Robotic Surgery Program, Surgery; Director of Robotic Surgery, Surgery  
Judge: Kristen Glasgow, MD, FACS, YaleNewHavenHealth, Northeast Medical Group

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## **Surgical Subspecialties Room 2 – Boston**

Moderator: Leah Bassin, MD, FACS, Hartford HealthCare  
Judge: Royd Fukumoto, MD, FACS, Nuvance Health Danbury Hospital, CTACSPA President-elect

## **10:30AM Break with Exhibitors – Grand Ballroom**

## **11:00AM Distinguished Guest Lecture: *AI in Medicine and Surgery: A Brief Summary - What's Here, What's Hype, What's Next* – Merritt Ballroom**

*Thomas Agresta MD, MBI*, Chairman, Professor and Dir. Medical Informatics Family Medicine, Director Clinical Informatics CQM University of Connecticut School of Medicine, Trinity Health of New England

Moderated by: Royd Fukumoto, MD, FACS, Nuvance Health Danbury Hospital, President-elect

Learning Objectives:

1. Describe at least 5 examples of AI currently being used in Medicine today.
2. Discuss the promise and hype for short term AI use in Medicine.
3. Discuss at least 3 types of risks introduced through AI tools and several approaches to mitigate them.
4. List several resources to expand their knowledge and skills to assist their organizations as they adopt AI tools.

## **11:45AM Presidential Address, Business Meeting., ACS Update – Merritt Ballroom**

*American College of Surgeons Update* – Julie Freischlag, MD, FACS, Past President ACS

*Presidential Address and Business Meeting* – David Shapiro, MD, MHCM. FCCM, FACS, President, CTACSPA

**12:30PM Fellowship Luncheon in the Exhibit Hall – Grand Ballroom**

**1:30PM** James Foster Memorial Lecture – *The Future Landscape of Vascular Surgery* – **Merritt Ballroom**  
*Julie Freischlag, MD, FACS, FRCSEd(Hon), DFSVS, MAMSE*, Atrium Health Wake Forest Baptist  
Moderated by: David S. Shapiro, MD, MHCM, FCCM, FACS, Chief Medical Officer, Saint Francis Hospital, Trinity Health of New England, Associate Professor, University of Connecticut School of Medicine & Frank H. Netter MD School of Medicine Quinnipiac University

Learning Objectives:

1. To explore the importance of preventive care in vascular surgery
2. To learn strategies to build inclusive cultures that benefit both surgical teams and patients

**2:30PM** Surgical Quality Lecture - *Providing Quality Care to the Geriatric Patient* – **Merritt Ballroom**  
Matthew P. Schiralli, MD, FACS, Vice President of Medical Staff at Newark-Wayne Community Hospital, Rochester Regional Health

Moderated by Jonathan Blancaflor, MD, FACS, Assistant Professor of Surgery (General, Trauma & Surgical Critical Care); NSQIP Surgeon Champion, Surgery; Director Robotic Surgery Program, Surgery; Director of Robotic Surgery, Surgery

Learning Objectives:

- 1) By the end of this lecture, learners will be able to assess the unique physiological and psychosocial challenges faced by geriatric surgical patients.
- 2) After this lecture, participants will be able to develop a comprehensive perioperative care plan tailored to the specific needs of geriatric surgical patients.
- 3) By the conclusion of this lecture, attendees will be proficient in communicating effectively with geriatric surgical patients and their families to facilitate shared decision-making and ensure informed consent.

**3:15PM** Combined Women in Surgery, Resident, Medical Student, and Young Surgeon Lecture - *Navigating the Bully in the Surgical Playground*, Roselle Crombie, MD, FACS, YaleNewHavenHealth Northeast Medical Group, Yale New Haven Children’s Hospital, Bridgeport Campus - **Merritt Ballroom**

Learning Objectives:

- 1) At the end of this lecture, participants should be able to identify the common signs and manifestations of workplace bullying in surgical settings and distinguish between constructive criticism and bullying behaviors.
- 2) By the conclusion of this lecture, attendees should be able to describe effective strategies for addressing workplace bullying incidents when they occur, outline proactive measures and policies that can be put in place to prevent bullying in surgical environments, and Discuss the importance of creating a culture of respect and professionalism within the surgical team.
- 3) After attending this lecture, participants should be able to demonstrate empathy and communication skills when supporting colleagues who have experienced bullying, understand the role of leadership in promoting a healthy workplace culture and intervening in bullying situations, and develop a personal action plan for contributing to a positive and respectful surgical playground.

**4:15PM 15th Annual Surgical Skills Competition – Grand Ballroom**

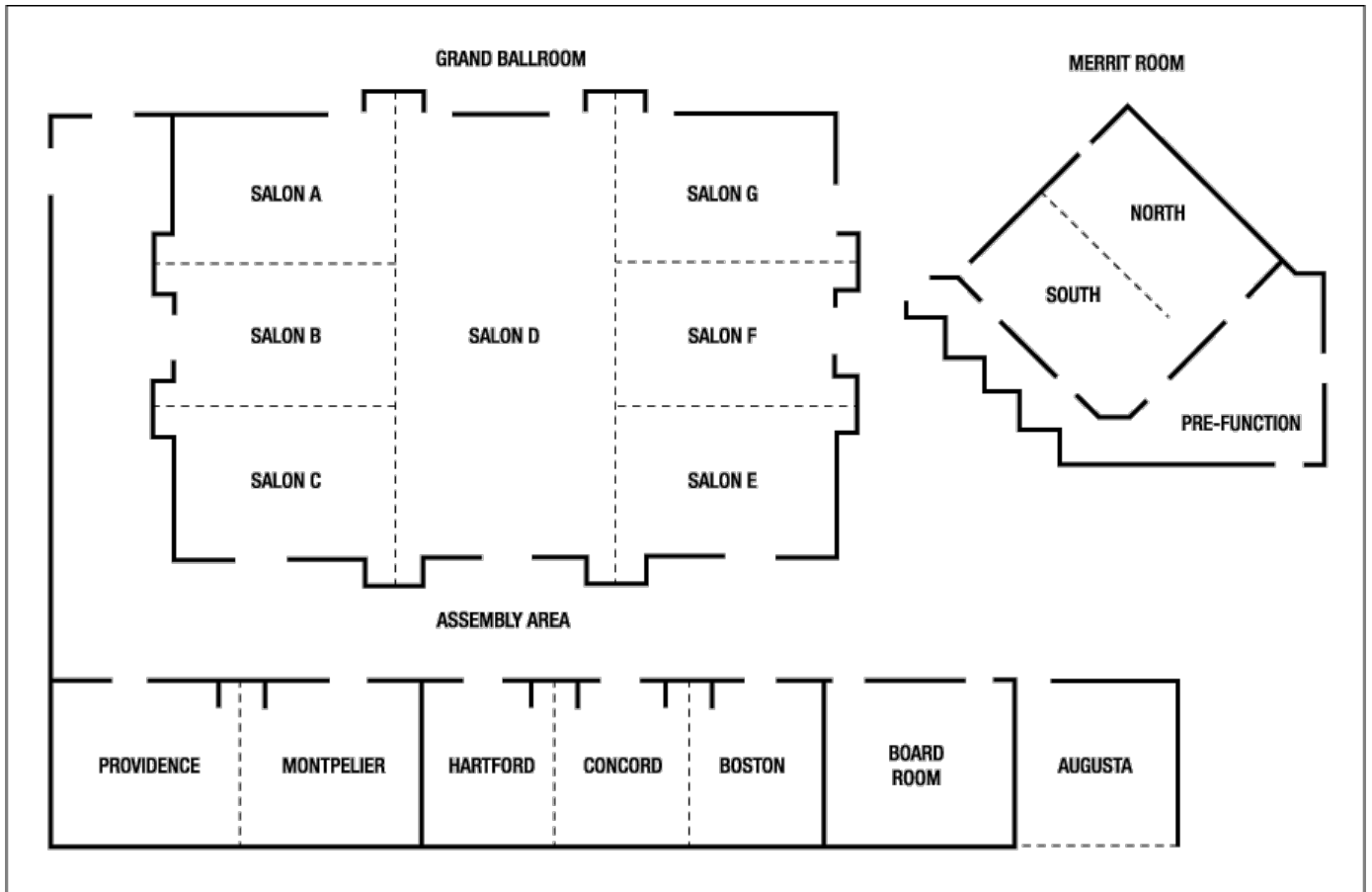
Hosted by Shawna Kettyle, MD FACS

Participants will improve their surgical skills by participating and observing hand-on exercises designed to test skills learned in training.

**6:45PM Presentation of awards for best research papers and the 2023 Skills Competition Championship!**

*See you on [October 11, 2024](#), at the [Trumbull Marriott](#)*

# Map of the Trumbull Marriott



- |                              |                                  |                                 |                               |
|------------------------------|----------------------------------|---------------------------------|-------------------------------|
| Bariatric & Metabolic: ..... | <a href="#">Providence</a>       | Quick Shots & Plastic.....      | <a href="#">Merritt NORTH</a> |
| Clinical Oncology:.....      | <a href="#">Hartford</a>         | Specialty Surgery Room 1: ..... | <a href="#">Concord</a>       |
| General & Pediatric: .....   | <a href="#">Augusta</a>          | Specialty Surgery Room 2 .....  | <a href="#">Boston</a>        |
| Medical Students: .....      | <a href="#">Grand Salons ABC</a> | Trauma: .....                   | <a href="#">Montpelier</a>    |

**Continental Breakfast, the mid-morning break and lunch - [Grand Ballroom](#)**

**All Lectures - [Merritt Ballroom](#)**

**Surgical Skills Competition – [Grand Ballroom](#)**



## Supporters and Exhibitors

### Exhibitors

The Connecticut Chapter of the American College of Surgeons recognizes and thanks the following for their monetary commercial support of this educational activity

Astra Zeneca  
Baxter  
CSL Behring  
Ethicon  
Pacira BioSciences, Inc.  
Takeda Pharmaceutical  
TelaBio  
Urgo Medical

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### Surgical Skills Competition

The Connecticut Chapter of the American College of Surgeons recognizes and thanks the following for their support:

3M + KCI  
Avita Medical  
Boston Scientific  
Intuitive Surgical – Da Vinci and Ion  
KARL STORZ ENDOSKOPE  
Medtronic Advanced Surgical Technologies  
Olympus  
SimuLab  
Stryker Endo  
W. L. Gore

## Distinguished Guest Lecture



### ***AI in Medicine and Surgery: A Brief Summary – What’s Here, What’s Hype, What’s Next***

**Thomas Agresta MD, MBI**

Chairman, Professor and Director of Medical Informatics Family Medicine, Director of Clinical Informatics Center for Quantitative Medicine

*Moderated by: Roselle Crombie, MD, FACS*

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## James Foster, MD, FACS Memorial Lecture



### ***The Future Landscape of Vascular Surgery***

**Julie Freischlag, MD, FACS**

Chief Executive Officer of Atrium Health Wake Forest Baptist, Chief Academic Officer and Executive Vice President of Advocate Health, and Executive Vice President for Health Affairs at Wake Forest University and Dean of Wake Forest School of Medicine

*Moderated by: David Shpairo, MD, MHCM, FCCM, FACS*

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## Surgical Quality Lecture



### ***Providing Quality Care to the Geriatric Patient***

**Matthew P. Schiralli, MD, FACS**

Vice President of Medical Staff at Newark-Wayne Community Hospital, Rochester Regional Health

*Moderated by: Jonathan Blancaflor, MD, FACS*

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## WIS, Resident, Medical Student, and Young Surgeon Lecture



### ***Navigating the Bully in the Surgical Playground***

**Roselle Crombie, MD, FACS**

YaleNewHavenHealth Northeast Medical Group, Yale New Haven Children’s Hospital, Bridgeport Campus

## James H. Foster, M.D.

(1930-2003)



On June 17, 2003, Dr. James H. Foster, Professor of Surgery Emeritus at the University of Connecticut School of Medicine died at his home in Avon, Connecticut after a

one-year struggle with pancreatic cancer.

Jim Foster was born in Hamden, CT on June 24, 1930. His father was Lewis C. Foster, M.D., a respected surgeon in New Haven and Clinical Professor on the Yale Faculty, his mother, Alice, a former operating room nurse. As a youth Jim attended Hopkins Grammar School and was a ranked junior tennis player in the state. He continued his love for tennis throughout his life and was a fierce competitor still at the game in the year before his death. He graduated from Haverford College in 1950 and from Columbia University College of Physicians and Surgeons in 1954. He served a surgical internship at Barnes Hospital in St. Louis followed by two years in the U.S. Air Force. Jim received his surgical training at the University of Oregon School of Medicine under the tutelage, and the admiring eye, of the revered surgeon and medical humanist, J. Englebert Dunphy. After completing his residency he remained on the faculty in Portland for five years chiefly at the Veterans Administration Hospital.

In 1966, Hartford Hospital recruited Dr. Foster to be its first full-time Chief of Surgery. Prior to that the department of surgery had been conducting a well-regarded residency for twenty years under the leadership of voluntary practitioner chiefs. John Reed, the first graduate of the program in 1950, would be the fourth Hartford Hospital surgeon to be President of the New England Surgical Society in 1980. As with many high-volume community hospital programs of the time, the emphasis was on clinical care, surgical judgment and guidance based more on anecdotal evidence and experience than on science. Jim soon changed that

emphasis by inserting a quest for evidence-based decision making while respecting and relying upon the skills, knowledge and mentoring gifts of the surgeons to teach his residents.

Within a few weeks of his arrival he started a weekly Morbidity and Mortality Conference, replacing a desultory complications conference. It continues to this day essentially unchanged after nearly forty years. As his first chief resident, I can attest that this was a fearsome undertaking: presenting each case, accounting for wound infections, IV site phlebitis, urinary retentions, anastomotic failures, and, of course, every death on all services. Jim sat at the front of the room presiding, but never allowing an adversarial environment to be created. Insertions of comment were welcomed from all participants. His favorite line at the conclusion of each presentation was, "How could we have done this differently?" And when the discussion became mired in anecdotal commentary, Jim would always ask, "Does anyone have any FACTS on this subject?"

Every resident knew he had a chief who was on educational and oversight mode 24 hours a day. Every attending surgeon knew he had a chief to whom he would be accountable for his patient care and for his role in education. Medicare was just a year old. The elderly poor who had constituted much of the patient population on the resident teaching service were now in the care of private surgeons. Jim Foster would not have his residents' training dependent upon a thinned out "ward" service. Every patient would be a teaching patient and the surgeons who adapted to this philosophy became the vital core of his teaching program, and would bring credit to him, to themselves, and to the institution throughout his twelve-year tenure as chief.

With the advent of organ transplantation, Jim encouraged one of his graduating residents, Robert Schweizer, to go and train with Dr. Belzer and return to establish the transplantation program at Hartford Hospital in 1972. With burgeoning possibilities in cardiac surgery, he supported and encouraged Henry Low and Thomas

Donovan to develop that program. A semi-dormant research laboratory was expanded. Residents became engaged in basic and clinical research, presentations at regional and national meetings became commonplace, and publications appeared more frequently in the literature.

Then in 1974 Dr. Foster set for himself the task of enhancing the knowledge about solid liver tumors with the goals of guiding better surgical treatment and improving patient care. Since the numbers of patients with these lesions in any one institution were small, he decided to gather material from the support of his hospital and the cooperation of his many friends throughout the country, Jim personally visited 98 hospitals in 48 cities in 28 states collecting 650 abstracts of liver tumor patients. Pathological material on each case was reviewed by his pathologist-collaborator at Hartford Hospital, Dr. Martin Berman. The product of this tour de force was monograph #22 in the W.B Saunders series Major Problems in Clinical Surgery entitled Solid Liver Tumors by Foster and Berman published in 1977. Jim's half of the dedication was to Dr. Dunphy. Even after 25 years, the monograph continues to be referenced in papers and discussions on the subject. Jim Foster became an international authority on the management of liver tumors, lending his expertise to the care of patients in Connecticut, and appearing on panels and in the literature until his retirement from surgery in 1993.

As Chief of Surgery during the seventies, Dr. Foster was a strong proponent of close ties between Hartford Hospital and the fledgling University of Connecticut School of Medicine in nearby Farmington. To encourage the process, Jim decided to relinquish his position at Hartford Hospital in 1978 to become Professor and Chairman of Surgery at the medical school. He brought strength, integrity and energy to the surgical program and to the institution. At the state level he was a leader of the Connecticut Society of American Board Surgeons. At its yearly joint meetings with the Connecticut Chapter of the American College of

Surgeons, the highlight of the proceedings was the panel moderated by Jim Foster. Ever-vigilant in recognizing pseudo-science and self-serving hyperbole, and with his typical command of the English language (and his audience), he led discussions of peptic ulcer surgery, pancreatitis, pancreatic cancer, breast cancer and other surgical subjects with memorable skill and common sense. On the national scene, Dr. Foster was a member of the American Surgical Association. During his tenure on the American Board of Surgery many of his Connecticut surgical colleagues were given the honor of serving as guest examiners for the certifying exam.

Jim Foster's talents, wisdom and work ethic were recognized at the regional level where he served on the executive council of the New England Surgical Society for over fifteen years, first as the Connecticut representative, then five years as recorder, four as secretary, president elect, and president in 1989.

During those years Jim and his wife "Sally" set aside time for travel. One of his favorites was trekking in Nepal in the "foothills" of the Himalayas. It was there that he became somewhat taken by the Eastern philosophies and simpler way of life. It was counterpoint to what he observed as a data-driven, computer-oriented emphasis on technology and materialism in western thought and in western medicine. He felt that in the rush to embrace technology the human element of medicine was being pushed aside. He campaigned in his public pronouncements to encourage a correction in the course medicine was taking, advocating meaningful time spent with the patient and a return to a thorough history and physical examination before the fancy tests. As a man well-grounded in poetry and literature, Jim later became a medical parodist rewording some classic poems to express his concerns. An example was his parody of The Shooting of Dan McGrew by Robert W. Service refashioned to depict a man presenting with a simple sebaceous cyst in which the following revised stanza appeared:

After multiple tests there followed the stress of the long wait for news to return. A whole week went by before the doctor replied with a voice now full of concern: "Your potassium's low, which means we must know if your adrenal has a tumor inside. A scan known as CAT will help tell us that and will let us your future decide."

The most vivid profile of the multitalented James Foster was portrayed in his presidential address to the New England Surgical Society at Bretton Woods, New Hampshire, September 23, 1989. Entitled, *Some Eastern Thoughts for Northeastern Surgeons*, it expounded further on Jim's concern with scientific materialism and some lessons taught in the Far East. It is an appropriate primer for those embarking upon a surgical career, but must reading for those in the middle- at the peak of such a career. Pithy ideas are found there, such as: *"We must not let the amorality of the marketplace be an excuse for dispensing with the selfless ethic that Medicine has followed for millennia. It is that ethic rather than our science and technology that commands the respect of our patients and the public. That ethic and those values have no measurable price and never will."*

*"The fundamental difference between East and West that I would like to stress is that the Easterner believes that values and attitudes are more important than measurements and prices. Quality is more important than quantity, and principles are more important than facts and data."*

*"Eastern culture is also noted for its reverence-reverence for all forms of life, for quiet, for nature, for the mountains, for old age, even for death. You may not have noticed, but reverence is gone from our contemporary American culture."*

A few years later, in 1993, Jim Foster retired to Emeritus Professor status but remained involved in medical student education, curriculum development and in a senior advisory role helping the New England Surgical Society adapt its annual meetings to the 21st century.

An accomplished artist himself, he encouraged Sally in their travels to take up watercolors and capture the landscapes at home and away. She became so skilled in her own right that one-person shows of her work were held with Jim as proud behind the scenes supporter, framer, transporter and friendly official greeter. Not surprisingly, for those who know Sally, proceeds from the sale of her work went to a Save the Children Fund in Afghanistan. Never idle in retirement, Jim Foster nurtured his innate humanism by reading the works of Shakespeare, seeking out medical references in the plays and sonnets. From this pursuit came a book, *A Doctor's Shakespeare*, fully illustrated with drawings by the author with quotes pertaining to physicians, health, and medicine from Elizabethan times. In the final section we find again Jim the poet/parodist rewording Shakespeare to deliver his message of never forgetting the basics in the care of patients under the pen name Rattlesword. Dedicated to "those several hundreds of patients who taught me something of the human side of medicine", it was published in 2001, a year before he learned of the dread malignancy that would take his life.

Viewing his life in its entirety one sees an individual whose multi-talents were extraordinary in variety and depth: an accomplished athlete, surgeon, physician, editor, writer, poet, artist, traveler, philosopher, leader, friend and sponsor of the efforts of so many others, yet habitually embarrassed when any accolades came his way. He made an indelible mark on family, friends and colleagues and he will be missed. The sincere condolences of this society are warmly extended to Sally, his three children, and five stepsons. I think he would approve of a conclusion to this memorial statement drawn from the final lines of his presidential address. He said, *"When you walk in the quiet of the Himalayas, each person you pass on the trail nods his head, clasps his hands, and says, Namaste. The word is both a hello and goodbye, have a nice day and God be with you."* Namaste, Jim, and thanks for the honor.

—H. David Crombie

## American College of Surgeons Update

**Julie Freischlag, MD, FACS, Past President, American College of Surgeons**

### Business Meeting

**Call to Order, Welcoming Remarks, Recognition of New Fellows and President's**

**Remarks – David Shapiro, MD, MHCM, FCCM, FACS, President**

**Governor-at-Large Report— Alan Meinke, MD, FACS and Kathleen LaVorgna, MD, FACS**

**Resident Committee Report— Erin Pallett-White, MD, Chair**

**Secretary's Report – Christine Finck, MD, FACS**

- **Approval of Minutes of 2022 Annual Meeting** (page 14)
- **Election of Officers and Councilors**

**Membership Report: David Shapiro, MD, MHCM, FCCM, FACS**

**Financial Report – Shawna Kettyle, MD, FACS**

**Service Recognition – David Shapiro, MD, MHCM, FACS**

**Exhibitor Recognition, Meeting Updates, Adjournment – Roselle Crombie, MD, FACS**

*Committee Reports – please refer to page 15*

## 2022 Annual Meeting Minutes

28 October 2022 – 12:00 p.m.

### **The Connecticut Chapter of the American College of Surgeons Professional Association, Inc.**

The 2022 Annual Meeting of the Connecticut Chapter of the American College of Surgeons Professional Association, Inc. was convened at 12:00 p.m. by Felix Lui, MD, FACS.

Dr. Lui presented opening remarks and acknowledged our Council members for their hard work during the year. New Chapter members and new Fellows were also acknowledged, welcomed, and congratulated. Dr. Lui reflected on the second year of his term as President.

Drs. Meinke and LaVorgna, ACS Governor(s)-at-Large gave brief remarks on behalf of the ACS Board of Governors.

A motion was made from the floor to approve the minutes of the 2021 Annual Meeting. The motion was carried with a unanimous vote.

Dr. Lui presented the slate of officers for a one-year term (2022 – 2023) as follows:

President: David Shapiro, MD, MHCM, FCCM, FACS, President-elect: Royd Fukumoto, MD, FACS, Secretary: Christine Finck, MD, FACS, and Treasurer: Shawna Kettyle, MD, FACS.

The following were nominated to serve as Council members for 2-year terms expiring at the Annual Meeting in 2024: Lindsay Bliss, MD, FACS, Adrian Maung, MD, FACS, Manuel Moutinho, MD, FACS, Richard Weiss, MD, FACS. After hearing no nominations from the floor, a vote was held, and all were approved by unanimous consent.

Dr. Shapiro reported that the Chapter had \$84,826 combined in checking, savings, and accounts receivable versus \$97,256 in the prior year. It was noted that most of the expenses from the Annual Meeting were not included in this figure.

Dr. Bliss reported that membership was up over the prior year (180 vs. 170) with more renewals expected before year-end.

Dr. Lui presented Dr. Santosh Swaminathan with the 6 Year Meeting Presentation Award. He also recognized Dr. Shapiro for his service as Treasurer, Dr. Crombie for her work as Program Chair and Dr. Corvo for his service as Governor-at-Large. Dr. Shapiro thank Dr. Lui for his service as President. The Chapter formally recognized Ms. Joan Cristiano from St. Mary's Hospital for her support of a dedication to the Chapter and wished her well on her retirement.

Our Medical Student Scholarship Recipients were also recognized.

Members were directed to the meeting proceedings book to read Committee reports.

Dr. Crombie acknowledged the meeting supporters and virtual exhibitors, and the College. Several other meeting housekeeping matters were addressed.

At 12:30 p.m. the annual meeting of the Connecticut Chapter of the American College of Surgeons Professional Association, Inc. was adjourned.

## 2022 Committee Reports

**Program Committee:** Roselle Crombie MD FACS (Chair), Felix Lui MD FACS, David Shapiro MD FACS, Christopher Tasik, Royd Fukumoto, MD, FACS, Shawna Kettyle, MD, FACS: The Program Committee enjoyed another very successful year with over 75 abstracts submitted. The Committee again worked with the ACS to provide our CME credits for the Annual Meeting. On the vendor support side, we are pleased to have meaningful support from our industry partners for both the exhibits and our Surgical Skills Competition. The Committee welcomes your active participation and looks forward to your feedback on the Annual Meeting Survey.

**Committee on Young Surgeons:** Kristen Glasgow, MD: The Committee is working on developing more content for the coming year including virtual programming.

**Resident Committee:** Sue Ting Lim, MD & Erin White-Pallett, MD: The Residents Committee had a very successful year which kicked off at the annual meeting with strong attendance at their sessions. The Committee's virtual ABSITE prep course again saw attendance top **900!** They are actively making plans for the 2024 ABSITE course which will also run in person at QU and virtually.

**Patient Safety and Quality Committee:** Jonathan Blancaflor, MD, FACS—The CtSQC continues to re-organize due to the effects of the pandemic on the SCRs, many of whom have been transitioned to other roles or had their roles outsourced.

**Diversity and Inclusion Committee:** David Shapiro, MD, FACS – This Committee continues to shape its mission and vision.

**Women in Surgery Committee:** Christine Finck, MD, FACS – The WIS Committee had a strong year last year which included hosting a highly successful session at the Chapter meeting.

All Committees are open to membership for all Chapter members. Please reach out to Mr. Tasik at [info@ctacs.org](mailto:info@ctacs.org) for more information.

## New Fellows

*Congratulations!*

Maija Cheung, MD

Katerina Dukleska, MD

James Farrelly, MD

Kristen Glasgow, MD

Madonna Lee, MD

Ira Leeds, MD

Christy Lottinger, DDS

Aleksandra Ogrodnik-Oleksak, MD

Matthew Riedel, MD

Kate Savoie, MD

David Shafer, DMD

Sarah Sims, MD

Richard Tilton, MD



## Medical Student Scholarships

Annually, the Connecticut Chapter of The American College of Surgeons Professional Association sponsors an award for excellence in the Surgical Sciences to a graduating senior medical student at the Frank H. Netter, MD School of Medicine at Quinnipiac University, the University of Connecticut School of Medicine, and the Yale School of Medicine.

This award is presented to stimulate student interest in the surgical disciplines and to recognize outstanding achievements in these areas. The award is not restricted to excellence in general surgery or a specific surgical subspecialty but is presented to the student showing the best overall performance in any of the surgical disciplines.

### **Congratulations to the 2023 recipients!**



**PAIGE HOLDEN, M.D.**

University of Connecticut School of Medicine



**NATNAEL DOILICHO, M.D.**

Yale School of Medicine

## The CTACSPA Distinguished Service Award

In 2006, the Chapter formed an Awards Committee which was charged with the task of selecting a candidate for the newly conceived Distinguished Service Award.

This award was created to honor an individual who has made an outstanding contribution to surgical patient care and the art and science of medicine in Connecticut.

We proudly list those upon whom the Connecticut Chapter of the American College of Surgeons Professional Association's Distinguished Service Award has been bestowed:

### Award Recipients

2022: Kristin Zarfos, MD, FACS

2021: The Surgeon Soldiers of the CTACSPA

2018, 2019, 2020: Not Awarded

2017: Scheuster E. Christie, MD, FACS

2016: Scott Ellner, DO, FACS

2015: Kathleen LaVorgna, MD, FACS

2014: David Knight, MD, FACS

2013: H. David Crombie, MD, FACS

2012: Lenworth Jacobs, MD, FACS

2011: Michael Deren, MD, FACS

2010: Joseph Civetta, MD, FACS

2009: Anthony Morgan, MD, FACS

2008: Stanley J. Dudrick, MD, FACS

2007: Frank J. Scarpa, MD, FACS

2006: John D. MacArthur, MD, FACS

## The Michael M Deren, MD, FACS Legislator of the Year Award



In September 2019, Council dedicated this award in memory of our colleague and friend, Michael Deren, MD, FACS, who succumbed to a rare illness on July 28, 2019. We will miss his keen insight, his encyclopedic knowledge of medical and world history, his passion for service to his patients and his fellow physicians, his kindness and generosity, his love for his wife, Anne Marie, for whom he often took home a dessert from Council meetings, and his dedication to our Chapter for over 25 years.

Dr. Deren was born in New Haven, CT, attended Seymour schools, obtained his Bachelor of Arts in English at Georgetown University, and his M.D. at Georgetown Medical School. He performed his general surgical residency at Hartford Hospital and then served as a surgical captain in the U.S. Marine Corps in Okinawa. He pursued a cardiothoracic fellowship at Yale University and later returned for a certificate in Physician Leadership from the Yale School of Management. He was in private practice for over 30 years and served as the chief of surgery at Lawrence + Memorial Hospital for 23 years.

To say he was dedicated to organized medicine is an understatement. Dr. Deren was truly an advocate for his colleagues and patients in and out of the operating room. He served the Connecticut Chapter in various capacities including Secretary and President. Dr. Deren served in numerous roles at the American Medical Association, including Chair of the Council on Constitution and Bylaws and the Chair of the Surgical Caucus, as President and later Chairman of the Council of the Connecticut State Medical Society, and in many other professional and civic organizations in Connecticut and across the country. After he left the operating room, he continued to practice at the Backus Hospital Wound Care Clinic and served as Editor of *Connecticut Medicine* or as he affectionately called it "*The Other New England Journal*".

Outside of medicine he was an accomplished chess player who contemplated pursuing the path to Grand Master, fortunately for his patients and colleagues, he chose surgery. Dr. Deren loved playing his Steinway piano and would spend hours working pieces to perfection. He volunteered as a tutor for immigrant students in the Norwich area and was honored as a Knight in the Order of Malta. He also enjoyed cars and driving – it was not uncommon for him to drive from his home in New London to a meeting in New Haven back to Lawrence + Memorial then back home multiple times each week.

In "*the land of steady habits*" there was perhaps one no steadier than Dr. Deren. We thank him for his leadership, and his service and mentorship to our Chapter, our patients, and our profession.

*The Michael M Deren, MD, FACS Legislator of the Year Award has been awarded to:*

- 2019 – The Honorable James Himes, United States House of Representatives
- 2016 – The Honorable Nancy Wyman, Lt. Governor, State of Connecticut
- 2015 – The Honorable Rosa DeLauro, United States House of Representatives
- 2014 – The Honorable Joseph Courtney, United States House of Representatives
- 2013 – The Honorable Prasad Srinivasan, MD, Representative, State of Connecticut
- 2012 – The Honorable Richard Blumenthal, United States Senate
- 2011 – The Honorable Christopher Murphy, United States House of Representatives
- 2010 – The Honorable Christopher Donovan, Speaker of the House, State of Connecticut
- 2009 – The Honorable James Shapiro, Representative, State of Connecticut

## Officers and Council

### 2022-2023

#### President

David Shapiro, M.D., M.H.C.M, F.C.C.M, F.A.C.S.\*  
\*\*\*

#### President-elect

Royd Fukumoto, M.D., F.A.C.S.\*

#### Secretary

Christine Finck, M.D., F.A.C.S.\*

#### Treasurer

Shawna Kettyle, M.D., F.A.C.S.\*

#### Immediate Past President

Felix Lui, M.D., F.A.C.S., M.D., F.A.C.S.\*

#### Governors-at-Large

Alan Meinke, M.D., F.A.C.S.\*\*

Kathleen LaVorgna, M.D., F.A.C.S.\*\*

#### VP, Annual Meeting Program Cmte.

Roselle Crombie, M.D., F.A.C.S.\* , \*\*\*

#### VP, Membership

Open

#### VP, Legislative Committee

Kathleen LaVorgna, M.D., F.A.C.S.\*\*

#### Chair, Awards Committee

Philip Corvo, M.D., F.A.C.S.\*

#### Chair, Diversity and Inclusion Committee

David S. Shapiro, M.D., M.H.C.M., F.A.C.S. \*\*\*

#### Chair, Residents Committee

Sue Ting Lim, M.D. \*\*

#### Chair, Medical Students Committee

Open

#### Chair, Women in Surgery Committee

Christine Finck, M.D., F.A.C.S.\*

#### Chair, Young Surgeons Committee

Kristen Glasgow, M.D.\*

### Council Members

Lindsay Bliss, M.D., F.A.C.S.

Kevin Dwyer, M.D., F.A.C.S.

Shea Gregg, M.D., F.A.C.S.

Scott Kurtzman M.D., F.A.C.S.

Adrian Maung, M.D., F.A.C.S.

Manuel Moutinho, M.D., F.A.C.S.

J. Alexander Palesty, M.D., F.A.C.S.

Rekha Singh, M.D., F.A.C.S.

Richard Weiss, M.D., F.A.C.S.\*\*\*

#### Ex-officio Members

##### Chair, CT Committee on Trauma

Kevin Schuster, M.D., F.A.C.S.\*

##### Chair, CT Commission on Cancer

Jeanne Capasse, MD, FACS \*

##### Chair, CT State Trauma Committee

Shea Gregg, M.D., F.A.C.A.\*

##### CTASMBS Liaison

Darren Tishler, M.D., F.A.C.S., F.A.S.M.B.S.

\* Council Member

\*\*Ex-officio Council Member

\*\*\*Program Committee Member

Executive Director: Christopher M. Tasik\*\*\*  
65 High Ridge Road, PMB 275, Stamford 06905  
T: 203-674-0747 F: 203-621-3023 [info@ctacs.org](mailto:info@ctacs.org)

## Past Presidents

Felix Lui, MD, FACS	2020-2022
Alan Meinke, MD, FACS	2018-2020
Kimberly A. Davis, MD, MBA, FACS	2016-2018
Michael M. Deren, MD, FACS	2014-2016
Kathleen LaVorgna, MD, FACS	2012-2014
Juan Sanchez, MD, MPA, FACS	2011-2012
Orlando Kirton, MD, FACS	2009-2011
Philip Corvo, MD, MA, FACS	2007-2009
Scott H. Kurtzman, MD, FACS	2005-2007
Gary Bloomgarden, MD, FACS	2004-2005
Kristen Zarfos, M.D., F.A.C.S.	2002-2004
Lenworth Jacobs, MD, MPH, FACS	2000-2002
Charles E. Littlejohn, MD, FACS	1999-2000
Frank J. Scarpa, MD, FACS	1997-1998
John M. MacArthur, MD, FACS	1995 -1996
Sherman M. Bull, MD, FACS	1993 -1994
Robert D. Cottle, MD, FACS	1991 -1992
Robert Boltax, MD, FACS	1989 - 1990
Joseph A. Bardenheier, III, MD, FACS	1987 -1988
Brendan M. Fox, MD, FACS	1985 -1986
Gerard Chapnick, MD, FACS	1983 -1984
Gerald O. Strauch, MD, FACS	1981 -1982
William F. Quigley, MD, FACS	1979 - 1980
Everitt Dolan, MD, FACS	1978
Douglas A. Farmer, MD, FACS	1976-1977
Andrew J. Panettieri, MD, FACS	1974 -1975
John Standard, MD, FACS	1972 -1973
Francis M. Hall, MD, FACS	1970 -1971
John C. Nolan, MD, FACS	1969
Albert C. Herrmann, MD, FACS	1966 – 1968

## Resident and Medical Student Paper Competition

Prizes awarded in the following categories:

	First Place	Second Place	Hon. Mention
John MacArthur, MD, FACS Trauma	X	X	
Clinical Oncology	X		
Clinical Oncology (Case Reports)			
Bariatric and Metabolic Surgery	X	X	
General Surgery	X	X	
Pediatric Surgery			X
Plastic Surgery	X	X	
Surgical Specialties 1	X	X	
Surgical Specialties 2	X	X	
Medical Student Research	X	X	
Quick Shots			
<i>General Surgery</i>	X		
<i>Surgical Specialties</i>	X		

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